

\$3

MICHIGAN LUTHERAN STATE

2022 TRACK Meet

Michigan District
The Lutheran Church - Missouri Synod

June 4, 2022

*“Do you not know that in a race all the runners
run, but only one gets the prize?
Run in such a way as to get the prize”
1 Corinthians 9:24*

Live Results can be found at:
fatresults.com



#miLCMStrack

Valley Lutheran High School | Saginaw

2022 Michigan Lutheran State Track Meet

Order of Events

*One event will directly follow the other.
Athletes must be present when their event starts or they will be disqualified.*

High Jump

8:15 a.m.	ALL High Jump Practice	
9 a.m.	"B" Pit	"A" Pit
	4-6 GIRLS	7-8 GIRLS
	4-6 BOYS	7-8 BOYS

Shot Put

8:15 a.m.	ALL Shot Put Practice
9 a.m.	7-8 GIRLS
	4-6 GIRLS
	7-8 BOYS
	4-6 BOYS

Long Jump

8:15-8:45 a.m.	ALL Long Jump Practice
9 a.m.	7-8 BOYS
	4-6 BOYS
	7-8 GIRLS
	4-6 GIRLS

Running Events

Running events will begin as soon as field events are complete at approximately 11 a.m. in the following order:

100 Meter Prelims
4x200 Meter Relay
1600 Meter Run
100 Meter Finals
400 Meter Run
200 Meter Dash
800 Meter Run
4x100 Meter Relay
4x400 Meter Relay

The race order of each running event will be as follows:

4-6 Boys, 4-6 Girls, 7-8 Boys, 7-8 Girls

Coaches' Meeting: 8:30—final scratches or 10:30—concerns before start of running events.

Medals will be awarded following each event to the top **EIGHT** finishers.

A trainer will be available on the infield throughout the meet.

The infield is strictly closed to athletes, parents, fans, and team tents!

Welcome

We are excited to welcome you to the 2022 Michigan District State Track Meet at Valley Lutheran. They have been gracious hosts in the past, and we appreciate their willingness to open their campus to us again this year. It is my hope that our State Meet weather is a little better than our Regional Meets a couple weeks ago, although we are grateful we were able to get all three done without too many crazy delays!

We had over 1,100 athletes compete at our Regional Meets in Macomb, Saginaw, and Ann Arbor. What a blessing! Thank you to the coaches, volunteers, parents, and other friends/family that have made this track season so successful. Thank you to the students who have showed tremendous sportsmanship and dedicated themselves to improving each meet. Hopefully each of you makes a PR today!

Cheer hard (and appropriately 😊) for your favorite athletes, soak up the sun (maybe), and enjoy these last events of the year as His love continues to flow to you and through you...



Travis Grulke
Superintendent of Schools
Region II Director



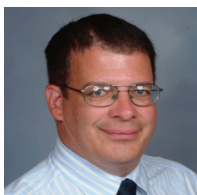
Eric Smith
Saginaw Valley HS
State Meet
Co-Director



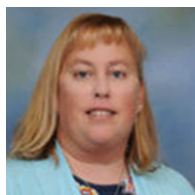
Mike Bender
Frankenmuth, MI
Awards &
Recognition



John Boldt
Trinity, Monroe
Statistician & Record
Keeper, T-Shirts



David King
St. Paul, Flint
Region I Co-Director



Jennifer Krause
St. Michael's, Richville
Region I Co-Director
State Meet Co-Director



Tim Siekmann
Trinity, Utica
Region III Director

Check out our I Heart Lutheran Schools facebook page
facebook.com/lutheranschools/



The Michigan Lutheran Track Committee
is a committee of the Michigan District, LCMS.

2022 Regional Track Meet Totals

43 Schools | 581 Boys | 560 Girls | 1141 Total

REGION I - SAGINAW

Code	School	City	Boys	Girls	Total
FBC	Faith	Bay City	23	21	44
IBC	Immanuel	Bay City	2	4	6
JAM	St. John	Bay City	7	6	13
TBC	Trinity	Bay City	13	8	21
PFL	St. Paul	Flint	6	7	13
LFR	St. Lorenz	Frankenmuth	37	35	72
PHE	St. Peter	Hemlock	6	7	13
PLA	St. Paul	Lapeer	1	3	4
JMD	St. John's	Midland	9	4	13
PMI	St. Paul	Millington	11	10	21
TRE	Trinity	Reese	11	10	21
MRI	St. Michael's	Richville	16	14	30
BSA	Bethlehem	Saginaw	6	11	17
HCS	Holy Cross	Saginaw	9	12	21
PSA	Peace	Saginaw	17	16	33
PSG	St. Paul's	Saginaw	15	13	28
CSE	Christ the King	Sebewaing	11	12	23
17 Schools		Totals	200	193	393

REGION II - ANN ARBOR

Code	School	City	Boys	Girls	Total
PAA	St. Paul	Ann Arbor	24	16	40
GUD	Guardian	Dearborn	24	15	39
OSH	Our Savior	Hartland	13	12	25
TRJ	Trinity	Jackson	9	8	17
OSL	Our Savior	Lansing	19	18	37
STPL	St. Paul's	Livonia	11	6	17
HGM	Holy Ghost	Monroe	7	9	16
TRM	Trinity	Monroe	13	19	32
PNP	St. Paul	Napoleon, OH	17	20	37
JNB	St. John	New Boston	14	9	23
CSO	Christ the King	Southgate	11	10	21
TTO	Trinity	Toledo, OH	14	14	28
MWA	St. Michael	Wayne	14	12	26
14 Schools		Totals	190	168	358

REGION III - MACOMB

Code	School	City	Boys	Girls	Total
OSB	Our Shepherd	Birmingham	22	17	39
TCT	Trinity	Clinton Township	19	11	30
PEP	St. Peter's	Eastpointe	10	11	21
JFR	St. John	Fraser	19	20	39
IMC	Immanuel	Macomb	22	28	50
PMC	St. Peter	Macomb	29	30	59
CRD	Concordia	Redford	7	3	10
JRO	St. John	Rochester	12	25	37
PST	Peace	Shelby Township	13	19	32
TUT	Trinity	Utica	18	19	37
MWL	St. Matthew	Walled Lake	13	7	20
MWE	St. Matthew	Westland	7	9	16
12 Schools		Totals	191	199	390

Description of Events

High Jump: Each participant is allowed a predetermined amount of attempts at each height. The bar is raised 2" after each of the first two rounds of competition, after which it is raised 1".

Long Jump: Each participant is allowed three attempts during the time scheduled for his/her class. Measurement is made from the edge of the take-off board (closest to the pit) to the competitor's nearest point of contact in the pit perpendicular to the board. Places are awarded on the longest of the three jumps.

Shot Put: Each participant is allowed three puts. Measurement is made from the inside edge of the toe board to the shot's nearest point of contact in the field on a line through the center of the ring. Competitors must enter and leave the ring from the back. Boys will use an 8-pound shot while girls will use a 6-pound shot. Places are awarded on the longest of the three puts.

100 Meter Dash-Prelims: Run in lanes on the straightaway. This is the only competition with preliminaries. Prelims are seeded and run in heats based on times from Regional meets. The top eight times from these prelims qualify participants for the finals, which are run following the 1600 meter run.

200 Meter Dash: This half-lap race is run in lanes using a one-turn stagger. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

400 Meter Dash: This one-lap race is run in lanes using a two-turn stagger. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

800 Meter Run: This is a two-lap race. All participants for each class run in one race. Places are awarded on order of finish.

1600 Meter Run: This is a four-lap race. All participants for each class run in one race. Places are awarded on order of finish.

4x100 Meter Relay: Run in teams of four with each participant running 100 meters. This one-lap race will use a two-turn stagger with each team running in the same lane the entire race. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

4x200 Meter Relay: Run in teams of four with each participant running 200 meters. This two-lap race will use a four-turn stagger with each team running in the same lane the entire race. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

4x400 Meter Relay: Run in teams of four with each participant running 400 meters. This four-lap race will use a three-turn stagger. The first runner must run in his/her lane, the second runner runs in his/her lane through the completion of the first turn (the start of the back straightaway). Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

Meet Program - Ordered Meet Events Compliments of Michiana Timing

Michigan District Lutheran MS Track and Field Championship - 6/4/2022

Saginaw Valley Lutheran HS

Meet Program - Championship Session

Event 102 Boys 100 Meter Dash Class B

Top 8 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Varvara, Nathan	6 Ann Arbor St	15.15
2	Legabu, Peter	6 Our Savior L	14.70
3	Schisler, Reid	6 Faith Bay Ci	14.16
4	Clark, Ashton	6 Macomb Imman	13.82
5	Wenzell, Easton	5 Saginaw St.	13.83
6	Englert, Jonas	5 Guardian Lut	14.45
7	Lantzy, Nathan	6 Macomb St. P	14.73
8	Buonbrisco, Nino	4 Clinton Trin	15.33
Heat 2 of 2 Prelims			
1	Reyes, Gabe	5 Faith Bay Ci	15.07
2	Kuhl, Ryker	4 Christ the K	14.70
3	Briggs, Eli	6 Trinity Rees	14.12
4	Preville, Nicholas	6 Fraser St. J	13.41
5	Walker, Nicholas	6 Toledo Trini	13.95
6	Richardson, Emmett	5 Holy Cross L	14.62
7	Baker, Jacob	6 St. Johns Wa	14.84
8	Rocker, Ben	6 Clinton Trin	15.44

Event 101 Girls 100 Meter Dash Class B

Top 8 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 3 Prelims			
2	Pogarch, Julie	6 Holy Ghost L	15.78
3	MacDonald, Emma	6 St. John-Ame	15.08
4	Flagg, Shalynn	6 Our Savior L	14.61
5	Hines, Madelynn	6 Peace Sagina	14.62
6	Naumann, Lyla	5 Saginaw St.	15.11
7	Stevens, Isabella	6 Walled Lake	15.95
Heat 2 of 3 Prelims			
2	Di'Carlo, Noelle	4 Holy Ghost L	15.68
3	Burrows, Claire	5 Millington S	15.06
4	Rose, Szasha	6 Holy Ghost L	14.60
5	Lorch, Amelia	6 Ann Arbor St	14.66
6	Skipper, Amilia	6 St Lorenz Lu	15.12
7	Verbeke, Lily	6 Macomb St. P	16.11
Heat 3 of 3 Prelims			
2	Alfonsi, Isabella	6 Macomb Imman	15.42
3	Hairston, Gabrielle	6 Flint St. Pa	14.93
4	Sheldon, Lauren	6 St. John Lut	14.57
5	Smith, Scarlet	5 St Lorenz Lu	14.75
6	Cowles, Naomi	6 Concordia Lu	15.25

Event 104 Boys 100 Meter Dash class A

Top 8 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 3 Prelims			
2	Head, Connor	8 Macomb St. P	13.14
3	Jolin, Colt	8 Holy Cross L	12.78
4	Yeah, Levi	7 Our Savior L	11.97
5	Rohrborn, Ryan	8 Macomb St. P	12.25
6	Hamilton, Griffin	8 Our Savior L	13.00
7	Orlandi, Evan	8 Fraser St. J	13.16
Heat 2 of 3 Prelims			
1	Stout, Hayden	7 Peace Sagina	13.35
2	Vermeulen, John	8 Guardian Lut	13.12
3	Bryant, Adrien	7 Concordia Lu	12.77
4	Wangelin, Ben	8 Our Savior L	11.96
5	Thiessen, PJ	7 St. John Lut	12.40
6	Hauss, Rudy	7 Eastpointe S	13.01
7	Kunisch, Andrew	8 Faith Bay Ci	13.22
Heat 3 of 3 Prelims			
1	Iles, Chase	8 Saginaw St.	13.31
2	Hernandez, Jojo	7 Monitor Trin	13.04
3	Van Wagoner, Arrow	8 Faith Bay Ci	12.55
4	Niekamp, Ross	8 Napoleon St.	11.93
5	Davis, Jacob	8 Fraser St. J	12.47
6	Haskins, William	8 Utica Trinit	13.03
7	Naumann, Josiah	7 Saginaw St.	13.26

Event 103 Girls 100 Meter Dash class A

Top 8 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Blakeley, Destiny	7 Millington S	14.79
2	Foster, Paris	8 Toledo Trini	14.47
3	Bolzman, Layla	8 Christ the K	14.05
4	Kelsey, Ava	8 Holy Cross L	13.78
5	Schuessler, Julie	7 St. Paul's E	13.83
6	Testorelli, Cianna	7 Our Savior L	14.13
7	Penn, Mychala	7 Clinton Trin	14.51
8	Rosecrans, Charlotte	7 Faith Bay Ci	14.84
Heat 2 of 2 Prelims			
1	Ellsworth, Lily	7 Macomb St. P	14.74
2	Rocker, Megan	8 Clinton Trin	14.44
3	Patterson, Katie	8 Guardian Lut	13.96
4	Snoply, Olivia	8 Napoleon St.	13.69
5	Martoni, Liana	7 Utica Trinit	13.95
6	Stark, Gloria	7 Midland St.	14.43
7	Garon, Kaitlyn	8 Peace Shelby	14.71

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 106 Boys 4x200 Meter Relay Class B

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St. John Lut	A	2:23.27
	1) Fuery, Jack 4	2) Lyon, Rex 4	
	3) Knapp, Lido 6	4) Wisniewski, Danny 6	
4	Toledo Trini	A	2:16.83
	1) Moore, Elijah 6	2) Sweinhagen, Derrick 6	
	3) Swinford, Cooper 6	4) Walker, Nicholas 6	
5	Our Savior L	A	2:21.25
	1) Barclay, Caleb 6	2) McNair, Paxton 6	
	3) VanVleet, Jacob 6	4) Laucher, Michael 6	
6	Peace Sagina	A	2:23.64
	1) Singh, Navraj 5	2) Klimmek, Conner 5	
	3) Kaul, Connor 5	4) Pacek, Nolan 5	
Section 2 of 2 Finals			
1	Christ the K	A	2:14.66
	1) Neumann, Easton 6	2) Sattelberg, Luke 6	
	3) Vermeersch, Luke 6	4) Kuhl, Ryker 4	
2	Faith Bay Ci	A	2:07.55
	1) Schisler, Reid 6	2) Stopyak, Samuel 4	
	3) Norton, Parker 4	4) Reyes, Gabe 5	
3	Ann Arbor St	A	2:06.40
	1) Conley, Joseph (Granger) 6	2) Shinn, Elijah 5	
	3) Wilson, Beckett 4	4) Eden, Nathaniel 6	
4	Macomb Imman	A	2:03.32
	1) Kress, Matthew 5	2) Kozlowski, Liam 6	
	3) Tyll, Elijah 6	4) Clark, Ashton 6	
5	St Lorenz Lu	A	2:03.97
	1) Kerns, Grant 6	2) Clark, Jacob 6	
	3) Wascher, Dierk 6	4) Hecht, Carter 6	
6	Fraser St. J	A	2:07.48
	1) Preville, Nicholas 6	2) Mowinski, Vincenzo 6	
	3) Lahey, Evan 6	4) Tingas, Gabe 6	
7	Our Shepherd	A	2:13.90
	1) Grohs, Charlie 6	2) Spanos, Niko 5	
	3) Troska, Beckett 6	4) Kulikowski, Andrew 5	
8	Monroe Trini	A	2:16.29
	1) Aaron, Noah 5	2) Bellino, Bryce 5	
	3) Gessner, Jeffery 6	4) Vallade, Thomas 4	

Event 105 Girls 4x200 Meter Relay Class B

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Peace Shelby	A	2:22.16
	1) Parow, Ayda 5	2) Barnes, Kendall 5	
	3) Fox, Brooklyn 6	4) Wick, Alexa 6	
4	St Michael's	A	2:19.11
	1) Bickel, Brittany 4	2) Bickel, Brooke 6	
	3) Callahan, Ava 5	4) McCloud, Maya 6	
5	Faith Bay Ci	A	2:20.88
	1) O'Brien, Karys 6	2) Panzner, Aliyah 5	
	3) VanLandingham, Ava 6	4) Gray, Kennedi 5	
6	Our Savior H	A	2:24.20
	1) Vaughn, Amelia 4	2) McClue, Gabi 6	
	3) Bronsberg, Lacy 4	4) Burd, Charlotte 4	
Section 2 of 2 Finals			
1	Monroe Trini	A	2:16.32
	1) Frank-DeRoch, Charity 5	2) Frank-DeRoch, Lydia 6	
	3) Finley, Hannah 5	4) DePalma, Grace 4	
2	Our Shepherd	A	2:14.44
	1) Martensen, Emily 6	2) Kozma, Alivia 6	
	3) Poyhonen, Jane 5	4) Glenn, Jasmin 6	
3	St. John Lut	A	2:10.41
	1) Kuntzman, Kiera 5	2) Scharrer, Tillie 6	
	3) Bostick, Holly 6	4) Duda, Allie 6	
4	Peace Sagina	A	2:08.66
	1) Beam, Taylor 6	2) Stout, Brooklyn 6	
	3) Habitz, Natalie 6	4) Cmeyla, Lindsey 6	
5	Macomb Imman	A	2:09.87
	1) Alfonsi, Isabella 6	2) Timpf, Kate 6	
	3) Gump, Lucy 6	4) Ruffino, Mia 5	
6	Our Savior L	A	2:12.68
	1) Couser, Ella 4	2) Wood, Gabriella 6	
	3) Paxton, Julia 6	4) Flagg, Shalynn 6	
7	St Lorenz Lu	A	2:14.75
	1) Smith, Scarlet 5	2) Chinery, Roxane 6	
	3) Kroeger, Landyn 6	4) Skipper, Amilia 6	
8	Ann Arbor St	A	2:18.59
	1) Potts, Catarina 6	2) Hannewald, Gabby 5	
	3) Holst, Charlie 6	4) Lorch, Amelia 6	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 108 Boys 4x200 Meter Relay class A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Toledo Trini	A	2:10.43
	1) Janowiecki, Caleb 7	2) Stainbrook, Josh 7	
	3) Teems, Nathan 7	4) Hamilton, Gavin 8	
4	Saginaw St.	A	1:55.63
	1) Wenzell, Evan 7	2) Naumann, Josiah 7	
	3) Iles, Chase 8	4) Johnston, Nicholas 7	
5	Ann Arbor St	A	1:56.31
	1) Altevogt, Henry 7	2) Grissom, Justin 8	
	3) Joshua, Aaron 7	4) Carmichael, Solomon 8	
6	Guardian Lut	A	2:22.00
	1) Szasz, Ayden 7	2) Taha, Ayad 6	
	3) Haines, Trenton 6	4) Raymo, Logan 5	
Section 2 of 2 Finals			
1	Fraser St. J	A	1:52.37
	1) Losier, Raymond 8	2) Primeau, Logan 7	
	3) Pruzinsky, William 8	4) Orlandi, Evan 8	
2	Utica Trinit	A	1:52.35
	1) Alef, Oliver 8	2) Twork, Daniel 8	
	3) Hazelton, Alex 8	4) Haskins, William 8	
3	St. John Lut	A	1:49.08
	1) Johnson, Elijah 7	2) Lee, Carter 8	
	3) Mazurak, Logan 8	4) Thiessen, PJ 7	
4	St Lorenz Lu	A	1:47.18
	1) Zehnder, Blake 8	2) Strieter, Cole 8	
	3) Trudell, Troy 8	4) Mossner, Braeden 8	
5	Faith Bay Ci	A	1:48.94
	1) Kunisch, Andrew 8	2) Norton, Lucas 7	
	3) Katenhus, Max 7	4) Van Wagoner, Arrow 8	
6	Macomb Imman	A	1:51.08
	1) Horvath, Malachi 7	2) Gump, Brandon 8	
	3) Starkey, Drew 7	4) DiLella, Peter 8	
7	Our Savior L	A	1:52.37
	1) Stahl, Alexander 7	2) Bartz, Emory 8	
	3) Hamilton, Griffin 8	4) Wangelin, Ben 8	
8	Peace Sagina	A	1:55.48
	1) Stout, Hayden 7	2) Livingston, Nigel 7	
	3) Gohm, Nathan 6	4) Schiavone, Trent 8	

Event 107 Girls 4x200 Meter Relay class A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Peace Sagina	A	2:11.11
	1) Balderstone, Madison 7	2) Chasnis, Lauryn 8	
	3) Eschmann, Kailey 8	4) Kaul, Kinsey 8	
4	St. Paul's E	A	2:10.20
	1) Lowry, Maddie 8	2) Frederick, Brooke 7	
	3) Jacobi, Reagan 7	4) Schroeder, Greta 7	
5	Utica Trinit	A	2:10.92
	1) Nastasi, Madison 7	2) Bowers, Cassidy 6	
	3) Causley, Kiara 7	4) Martoni, Liana 7	
6	St Michael's	A	2:12.89
	1) Comstock, Chloe 8	2) Hoerlein, Natalie 8	
	3) Sella, Madi 7	4) Hoeppner, Makenna 7	
Section 2 of 2 Finals			
1	Ann Arbor St	A	2:08.69
	1) Burke, Zayda 7	2) Grulke, Elise 7	
	3) Welch, Megan 7	4) Samborn, Lena 7	
2	Our Savior L	A	2:06.09
	1) Agnew, Emily 8	2) VanVleet, Lilli 8	
	3) Schlegel, Madeleine 8	4) Testorelli, Cianna 7	
3	Holy Cross L	A	2:04.71
	1) Hayes, Zara 8	2) Csutora, Hailey 8	
	3) Villarreal, Lili 8	4) Kelsey, Ava 8	
4	Napolean St.	A	2:03.26
	1) Snoply, Olivia 8	2) Tassler, Ava 8	
	3) Elling, Ava 8	4) Topp, Leah 8	
5	St Lorenz Lu	A	2:04.57
	1) Witbeck, Delaynee 7	2) Winningham, Amelia 8	
	3) Peterson, Alyson 8	4) Sholten, Nyla 7	
6	Our Shepherd	A	2:05.46
	1) Trachsel, Cecelia 8	2) Troska, Addison 8	
	3) Grohs, Gabby 7	4) Macavage, Paige 8	
7	Peace Shelby	A	2:08.05
	1) Finn, Riley 7	2) Boright, Jamie 8	
	3) Belknap, Izabella 6	4) Garon, Kaitlyn 8	
8	St. John Lut	A	2:08.77
	1) Duda, Kylie 8	2) Teelander, Julia 8	
	3) Larsen, Abigail 8	4) Brown, Scarlet 7	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 110 Boys 1600 Meter Run Class B

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lorenzen, Nole	6	Guardian Lut	5:37.26
2	Rohr, Gavin	6	Monroe Trini	5:38.73
3	James, Zachary	5	Macomb Imman	5:46.29
4	Thies, Nolan	4	Macomb St. P	5:51.85
5	Butler, Cole	4	Monroe Trini	5:56.63
6	Rodammer, Remy	4	St Michael's	5:59.52
7	Skrycki, Landon	4	Ann Arbor St	6:02.59
8	Scharrer, Zach	6	St. Paul's E	6:07.17
9	Schmidt, Ian	4	Our Savior L	6:07.68
10	Kress, Matthew	5	Macomb Imman	6:07.80
11	Grohs, Charlie	6	Our Shepherd	6:09.29
12	Fox, Austin	6	Peace Sagina	6:19.29
13	Plana, William	6	St Lorenz Lu	6:23.72
14	Sowatsky, Daniel	5	Bethlehem Lu	6:25.91

Event 109 Girls 1600 Meter Run Class B

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Huddle, Gwenyth	6	Napolean St.	5:38.61
2	Thomas, Ava	6	St. John Lut	5:52.94
3	Rodammer, Braelin	6	St Michael's	6:31.22
4	Little, Lacie	5	Monroe Trini	6:36.08
5	Sikes, Kelsie	4	Monroe Trini	6:36.52
6	Downen, Ava	4	Monroe Trini	6:40.82
7	Clark, Annabella	4	Macomb Imman	6:46.31
8	Wallace, Lily	5	St. John Lut	6:47.19
9	Mazurak, Madelyn	4	St. John Lut	6:49.32
10	Reinbold, Isabella	6	Trinity Rees	6:49.85
11	Diehl, Kennady	5	Flint St. Pa	7:26.67
12	Webber, Grace	6	Faith Bay Ci	7:33.90

Event 112 Boys 1600 Meter Run class A

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Magnus, Brett	8	St Lorenz Lu	4:51.39
2	Elliott, Elijah	8	Fraser St. J	5:08.13
3	Plana, Anthony	8	St Lorenz Lu	5:10.88
4	Thies, Luke	8	Macomb St. P	5:18.52
5	Samborn, Robby	7	Monitor Trin	5:19.29
6	Brannan, Max	8	Guardian Lut	5:19.96
7	VanNorman, Max	7	Our Shepherd	5:21.86
8	Uher, Landon	7	Ann Arbor St	5:23.39
9	Harmon, Noah	8	Monroe Trini	5:24.41
10	Roman, Xavier	8	Macomb Imman	5:24.43
11	Grimpo, Jacob	7	Trinity Rees	5:33.46
12	Lounds, Nolan	7	Our Savior L	5:34.10
13	Fox, Jayden	8	Peace Sagina	5:36.68
14	Mazurak, Logan	8	St. John Lut	5:40.79
15	Ferdubinski, Jacob	7	Southgate Ch	5:40.95

Event 111 Girls 1600 Meter Run class A

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Conzelmann, Lucy	7	St Lorenz Lu	5:49.03
2	Foltz, Natalie	8	St Lorenz Lu	6:09.32
3	Hultberg, Elsie	7	St Lorenz Lu	6:23.21
4	Beethe, Emily	7	Monitor Trin	6:24.55
5	Samborn, Lena	7	Ann Arbor St	6:26.18
6	Whitlam, Samantha	7	Macomb Imman	6:27.17
7	Causley, Kiara	7	Utica Trinit	6:32.26
8	Burrell, Elizabeth	8	St. John Lut	6:38.46
9	Cole, Eleanor	8	Guardian Lut	6:46.80
10	Johnston, Anastasia	8	Guardian Lut	6:54.67
11	Brown, Daisy	8	St. John Lut	6:57.88

Event 114 Boys 400 Meter Dash Class B

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Conley, Joseph (Granger)	6	Ann Arbor St	1:14.69
2	SeGraves, Brady	6	St. Michael	1:13.29
3	James, Zachary	5	Macomb Imman	1:13.03
4	Martin, Gabe	5	Midland St.	1:11.28
5	Gessner, Jeffery	6	Monroe Trini	1:12.55
6	Hosu, AJ	6	Macomb Imman	1:13.12
7	Lahey, Evan	6	Fraser St. J	1:13.33

Section 2 of 2 Finals

1	Rocker, Ben	6	Clinton Trin	1:08.96
2	Shinn, Elijah	5	Ann Arbor St	1:08.49
3	DeWinkle, Ioan	6	Our Savior H	1:06.80
4	Sherry, Landon	6	Hemlock St.	1:05.54
5	Richardson, Emmett	5	Holy Cross L	1:05.56
6	Clark, Jacob	6	St Lorenz Lu	1:08.26
7	Nyboer, Andrew	6	Clinton Trin	1:08.90
8	Briggs, Eli	6	Trinity Rees	1:11.05

Event 113 Girls 400 Meter Dash Class B

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Wood, Gabriella	6	Our Savior L	1:19.41
2	Winningham, Izzy	6	St Lorenz Lu	1:17.98
3	DePalma, Grace	4	Monroe Trini	1:17.44
4	Becker, Rachel	5	Christ the K	1:16.03
5	Kroeger, Landyn	6	St Lorenz Lu	1:16.30
6	Hargash, Julia	6	Trinity Rees	1:17.73
7	O'Neill, Alexis	4	Southgate Ch	1:18.24
Section 2 of 2 Finals				
1	Kuntzman, Kiera	5	St. John Lut	1:14.25
2	Paxton, Julia	6	Our Savior L	1:12.84
3	Hauss, Eva	6	Eastpointe S	1:12.27
4	Cmeyla, Bethany	6	Peace Sagina	1:07.48
5	Rose, Szasha	6	Holy Ghost L	1:09.96
6	Glenn, Jasmin	6	Our Shepherd	1:12.61
7	Cowles, Naomi	6	Concordia Lu	1:13.70
8	Gump, Lucy	6	Macomb Imman	1:14.37

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 116 Boys 400 Meter Run class A

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 3 Finals

3	Joshua, Aaron	7	Ann Arbor St	1:05.98
4	Paxton, Luke	8	Our Savior L	1:05.49
5	Bailey, Henry	7	Ann Arbor St	1:05.74

Section 2 of 3 Finals

2	Durham, Spencer	7	Napolean St.	1:03.43
3	Stapleton, Carter	7	St Lorenz Lu	1:01.43
4	Garner, Grant	8	Macomb Imman	1:01.38
5	Johnson, Xander	8	Monitor Trin	1:01.42
6	Carmichael, Solomon	8	Ann Arbor St	1:01.57
7	DiLella, Peter	8	Macomb Imman	1:03.48

Section 3 of 3 Finals

1	Hauss, Rudy	7	Eastpointe S	1:00.58
2	Rupprecht, Isaac	8	Trinity Rees	59.83
3	Sharon, Zachary	8	Monitor Trin	58.76
4	Greene, Cullen	8	Fraser St. J	57.94
5	Samborn, Robby	7	Monitor Trin	57.99
6	Trudell, Troy	8	St Lorenz Lu	58.81
7	Mossner, Braeden	8	St Lorenz Lu	1:00.00
8	Poyhonen, Oliver	8	Our Shepherd	1:01.10

Event 115 Girls 400 Meter Run class A

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

1	Dehnbostel, Jillian	7	Napolean St.	1:15.09
2	Winningham, Amelia	8	St Lorenz Lu	1:13.17
3	Schlegel, Madeleine	8	Our Savior L	1:11.77
4	Finn, Riley	7	Peace Shelby	1:09.66
5	Sholten, Nyla	7	St Lorenz Lu	1:11.74
6	Welch, Megan	7	Ann Arbor St	1:12.11
7	Blakeley, Destiny	7	Millington S	1:14.81

Section 2 of 2 Finals

1	Gump, Vanessa	8	Macomb Imman	1:08.29
2	Bitzer, Lauryn	7	Faith Bay Ci	1:07.47
3	Agnew, Emily	8	Our Savior L	1:05.22
4	Ruffino, Ava	8	Macomb Imman	1:02.14
5	Hess, Sophia	7	Eastpointe S	1:03.45
6	Kelsey, Ava	8	Holy Cross L	1:06.65
7	Tassler, Ava	8	Napolean St.	1:07.84
8	Brown, Scarlet	7	St. John Lut	1:09.05

Event 118 Boys 200 Meter Dash Class B

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

1	Abele, Ben	6	Peace Shelby	31.76
2	Legabu, Peter	6	Our Savior L	31.56
3	Buonbrisco, Frank	6	Clinton Trin	31.30
4	Ridley, Judah	5	St Lorenz Lu	30.91
5	Varvara, Nathan	6	Ann Arbor St	31.13
6	Wilson, Beckett	4	Ann Arbor St	31.52
7	Laucher, Michael	6	Our Savior L	31.65

Section 2 of 2 Finals

1	Englert, Jonas	5	Guardian Lut	30.64
2	Kuhl, Ryker	4	Christ the K	30.27
3	Wascher, Dierk	6	St Lorenz Lu	29.50
4	Preville, Nicholas	6	Fraser St. J	28.03
5	Gohm, Nathan	6	Peace Sagina	28.72
6	Lantzy, Nathan	6	Macomb St. P	30.12
7	Tyll, Elijah	6	Macomb Imman	30.37
8	Reyes, Gabe	5	Faith Bay Ci	30.70

Event 120 Boys 200 Meter Dash class A

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 3 Finals

3	Hernandez, Jojo	7	Monitor Trin	27.51
4	Conley, Thomas (Tj)	8	Ann Arbor St	27.15
5	Strieter, Cole	8	St Lorenz Lu	27.40

Section 2 of 3 Finals

2	Kunisch, Andrew	8	Faith Bay Ci	26.50
3	Vermeulen, John	8	Guardian Lut	26.41
4	Hamilton, Griffin	8	Our Savior L	26.19
5	Bryant, Adrien	7	Concordia Lu	26.31
6	Iles, Chase	8	Saginaw St.	26.45
7	Head, Connor	8	Macomb St. P	26.62

Section 3 of 3 Finals

1	Thiessen, PJ	7	St. John Lut	26.02
2	Van Wagoner, Arrow	8	Faith Bay Ci	25.89
3	Davis, Jacob	8	Fraser St. J	25.53
4	Wangelin, Ben	8	Our Savior L	24.33
5	Jolin, Colt	8	Holy Cross L	25.18
6	Yeah, Levi	7	Our Savior L	25.68
7	Niekamp, Ross	8	Napolean St.	25.94
8	Losier, Raymond	8	Fraser St. J	26.17

Event 117 Girls 200 Meter Dash Class B

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

1	DePalma, Grace	4	Monroe Trini	33.99
2	Pape, Zah Layah	6	St. Michael	32.82
3	Lorch, Amelia	6	Ann Arbor St	32.42
4	Burrows, Claire	5	Millington S	31.73
5	Frye, Morgan	5	Macomb Imman	31.92
6	Naumann, Lyla	5	Saginaw St.	32.73
7	Paxton, Alyssa	4	Our Savior L	33.42

Section 2 of 2 Finals

1	Hauss, Eva	6	Eastpointe S	31.37
2	McCloud, Maya	6	St Michael's	31.21
3	Hairston, Gabrielle	6	Flint St. Pa	30.70
4	Duda, Allie	6	St. John Lut	30.06
5	Sheldon, Lauren	6	St. John Lut	30.38
6	Flagg, Shalynn	6	Our Savior L	31.06
7	Smith, Scarlet	5	St Lorenz Lu	31.26
8	Ruffino, Mia	5	Macomb Imman	31.71

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 119 Girls 200 Meter Dash class A

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Onan, Arianna	8	Holy Ghost L	31.24
2	Troska, Addison	8	Our Shepherd	30.31
3	Macavage, Paige	8	Our Shepherd	30.20
4	Rosecrans, Claire	8	Faith Bay Ci	29.89
5	Witbeck, Delaynee	7	St Lorenz Lu	30.06
6	Testorelli, Cianna	7	Our Savior L	30.28
7	Penn, Mychala	7	Clinton Trin	30.73
Section 2 of 2 Finals				
1	Patterson, Katie	8	Guardian Lut	29.31
2	Hayes, Zara	8	Holy Cross L	29.11
3	Ruffino, Ava	8	Macomb Imman	28.99
4	Bolzman, Layla	8	Christ the K	28.80
5	Snoply, Olivia	8	Napolean St.	28.94
6	Schuessler, Julie	7	St. Paul's E	29.08
7	Martoni, Liana	7	Utica Trinit	29.31
8	Kaul, Kinsey	8	Peace Sagina	29.45

Event 122 Boys 800 Meter Run Class B

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Matthews, Jaxon	6	Clinton Trin	2:32.36
2	Rohr, Gavin	6	Monroe Trini	2:40.34
3	Lorenzen, Nole	6	Guardian Lut	2:42.18
4	Thies, Nolan	4	Macomb St. P	2:43.44
5	Richey, Rylan	6	Our Savior L	2:44.32
6	Rodammer, Remy	4	St Michael's	2:45.12
7	Scharrer, Zach	6	St. Paul's E	2:45.34
8	Butler, Cole	4	Monroe Trini	2:46.81
9	James, Zachary	5	Macomb Imman	2:47.36
10	Skrycki, Landon	4	Ann Arbor St	2:49.81
11	Causley, Kendrick	5	Utica Trinit	2:52.17
12	Fox, Austin	6	Peace Sagina	2:54.27
13	Trombley, Lincoln	4	Faith Bay Ci	2:55.15
14	Briggs, Eli	6	Trinity Rees	2:57.39

Event 121 Girls 800 Meter Run Class B

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Cmeyla, Bethany	6	Peace Sagina	2:38.72
2	Cmeyla, Lindsey	6	Peace Sagina	2:40.27
3	Huddle, Gwenyth	6	Napolean St.	2:40.41
4	Thomas, Ava	6	St. John Lut	2:45.48
5	Frank-DeRoch, Charity	5	Monroe Trini	2:51.83
6	Bowers, Cassidy	6	Utica Trinit	2:55.15
7	Rodammer, Braelin	6	St Michael's	2:55.23
8	Callahan, Ava	5	St Michael's	2:57.30
9	Little, Lacie	5	Monroe Trini	3:00.65
10	Jablonowski, Daisy	5	Eastpointe S	3:10.03
11	McMahon, Annie	6	Clinton Trin	3:11.23
12	Hull, Kallie	5	Our Savior L	3:13.54

Event 124 Boys 800 Meter Run class A

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sharon, Zachary	8	Monitor Trin	2:18.21
2	Plana, Anthony	8	St Lorenz Lu	2:21.17
3	Elliott, Elijah	8	Fraser St. J	2:22.07
4	Brannan, Max	8	Guardian Lut	2:24.48
5	Rupprecht, Isaac	8	Trinity Rees	2:26.17
6	Uher, Landon	7	Ann Arbor St	2:27.49
7	Harmon, Noah	8	Monroe Trini	2:27.81
8	Thies, Luke	8	Macomb St. P	2:29.29
9	Magnus, Brett	8	St Lorenz Lu	2:31.13
10	Roman, Xavier	8	Macomb Imman	2:31.59
11	VanNorman, Max	7	Our Shepherd	2:31.88
12	Grimpo, Jacob	7	Trinity Rees	2:32.98
13	Johnson, Elijah	7	St. John Lut	2:33.38
14	Paxton, Luke	8	Our Savior L	2:35.12

Event 123 Girls 800 Meter Run class A

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Conzelmann, Lucy	7	St Lorenz Lu	2:38.43
2	Foltz, Natalie	8	St Lorenz Lu	2:42.14
3	Agnew, Emily	8	Our Savior L	2:48.04
4	Bitzer, Lauryn	7	Faith Bay Ci	2:48.92
5	Samborn, Lena	7	Ann Arbor St	2:53.06
6	Cole, Eleanor	8	Guardian Lut	2:56.98
7	Schuessler, Julie	7	St. Paul's E	2:57.56
8	Whitlam, Samantha	7	Macomb Imman	3:00.71
9	Hultberg, Elsie	7	St Lorenz Lu	3:01.66
10	Gump, Vanessa	8	Macomb Imman	3:02.46
11	Burrell, Elizabeth	8	St. John Lut	3:06.20
12	Mackovski, Alexa	7	Macomb St. P	3:10.82

Event 126 Boys 4x100 Meter Relay Class B

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Christ the K	A	1:07.47
	1) Nitz, Colton 5	2) Schulz, Oscar 4	
	3) Foley, Isaac 6	4) Kuhl, Ryker 4	
4	Our Savior L	A	1:06.22
	1) McNair, Paxton 6	2) Greve, Malachi 5	
	3) Barclay, Caleb 6	4) Laucher, Michael 6	
5	Monroe Trini	A	1:07.33
	1) Aaron, Noah 5	2) Becker, Harrison 4	
	3) Ball, Hunter 5	4) Sulfaro, Brendan 6	
6	Millington S	A	1:10.35
	1) Dalyrmple, Braeden 5	2) Blue, Gavin 5	
	3) Draper, Nathan 5	4) Burrows, Shane 6	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022

Saginaw Valley Lutheran HS

Meet Program - Championship Session

Section 2 of 2 Finals...(Event 126 Boys 4x100 Meter Relay Cla

1	Clinton Trin	A	1:04.23
	1) Buonbrisco, Frank 6	2) Puchalski, Connor 6	
	3) Nyboer, Matt 4	4) Buonbrisco, Nino 4	
2	Our Shepherd	A	1:03.57
	1) Grams, Nathan 5	2) Spanos, Niko 5	
	3) Trachsel, Cash 5	4) Kulikowski, Andrew 5	
3	St Lorenz Lu	A	1:00.92
	1) Hecht, Carter 6	2) Kerns, Grant 6	
	3) Clark, Jacob 6	4) Wascher, Dierk 6	
4	Our Savior H	A	1:00.05
	1) Vaughn, Bryce 5	2) Burd, Noah 6	
	3) Moyer, Thaddeus 5	4) DeWinkle, Ioan 6	
5	Macomb Imman	A	1:00.34
	1) Hosu, AJ 6	2) Kozlowski, Liam 6	
	3) Tyll, Elijah 6	4) Clark, Ashton 6	
6	Faith Bay Ci	A	1:03.54
	1) Norton, Parker 4	2) Stopyak, Samuel 4	
	3) Trombley, Lincoln 4	4) Reyes, Gabe 5	
7	Ann Arbor St	A	1:03.75
	1) Wilson, Beckett 4	2) Joshua, Matthew 4	
	3) Raasch, Colton 5	4) Varvara, Nathan 6	
8	Peace Shelby	A	1:05.55
	1) Carpino, Dominic 4	2) Bendick, Aaron 4	
	3) Burns, Tanner 6	4) Abele, Ben 6	

Event 125 Girls 4x100 Meter Relay Class B

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St. Johns Wa	A	1:11.31
	1) Otter, Evie 6	2) Marut, Ella 6	
	3) Williams, Lucy 5	4) Trythall, Avarie 5	
4	Our Savior H	A	1:05.64
	1) Moldenhauer, Calla 5	2) Bronsberg, Lexy 6	
	3) Morsehead, Scarlett 6	4) Tougas, Emma 6	
5	Peace Shelby	A	1:05.73
	1) Wick, Alexa 6	2) Mihelich, Bella 6	
	3) Parow, Ayda 5	4) Belknap, Izabella 6	
6	Our Savior L	A	1:11.68
	1) Snook, Bryleigh 5	2) Totten, Jenelle 5	
	3) Deyarmond, Marie 5	4) Wangelin, Hannah 5	

Section 2 of 2 Finals

1	Millington S	A	1:04.58
	1) Burrows, Brynn 5	2) Wagner, Amelia 5	
	3) Ellis, Gracie 6	4) Burrows, Claire 5	
2	Holy Ghost L	A	1:04.23
	1) Pogarch, Julie 6	2) Schmidt, Morgen 6	
	3) Di'Carlo, Noelle 4	4) Rose, Szasha 6	
3	Our Shepherd	A	1:03.20
	1) Gusho, Zoe 6	2) Martensen, Emily 6	
	3) Saroki, Ava 6	4) Glenn, Jasmin 6	
4	St. John Lut	A	1:01.24
	1) Kuntzman, Kiera 5	2) Duda, Allie 6	
	3) Scharrer, Tillie 6	4) Sheldon, Lauren 6	
5	St Lorenz Lu	A	1:02.68
	1) Laux, Calli 6	2) Chinery, Roxane 6	
	3) Smith, Scarlet 5	4) Winningham, Izzy 6	
6	Macomb Imman	A	1:03.64
	1) Alfonsi, Isabella 6	2) Timpf, Kate 6	
	3) Gump, Lucy 6	4) Frye, Morgan 5	
7	Christ the K	A	1:04.51
	1) Becker, Rachel 5	2) Kuhl, Taylor 6	
	3) Sweetman, Ally 6	4) Armbruster, Morgan 6	
8	Monitor Trin	A	1:05.56
	1) Roth, Allyson 5	2) Shepherd, Hannah 5	
	3) Damore, Bella 5	4) Gushow, Alaina 5	

Event 128 Boys 4x100 Meter Relay class A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St. Johns Wa	A	58.80
	1) Schiffer, Daniel 8	2) Williams, Gunner 8	
	3) Cruz, Kevin 7	4) Nocella, Ben 6	
4	Trinity Rees	A	55.48
	1) Briggs, Clark 8	2) Adair, Eli 7	
	3) Grimpo, Jacob 7	4) Rupprecht, Isaac 8	
5	St. Paul's E	A	58.71
	1) Miller, Andrew 8	2) Froehlich, Xavier 8	
	3) Scharrer, Caleb 8	4) Cain, Joey 8	
6	Ann Arbor St	A	59.32
	1) Burke, Wyatt 8	2) Conley, Thomas (Tj) 8	
	3) Grissom, Justin 8	4) Joshua, Aaron 7	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022

Saginaw Valley Lutheran HS

Meet Program - Championship Session

Section 2 of 2 Finals...(Event 128 Boys 4x100 Meter Relay clas

1	Eastpointe S	A	54.89
	1) Allen, Kasen 7	2) Varnauskas, Preston 7	
	3) Breithaupt, Jonah 8	4) Hauss, Rudy 7	
2	Our Savior L	A	53.39
	1) Smith, Christopher 7	2) Stahl, Alexander 7	
	3) Yeah, Levi 7	4) Wangelin, Ben 8	
3	Faith Bay Ci	A	53.05
	1) Kunisch, Andrew 8	2) Schisler, Reid 6	
	3) Katenhus, Max 7	4) Van Wagoner, Arrow 8	
4	Fraser St. J	A	50.04
	1) Davis, Jacob 8	2) Greene, Cullen 8	
	3) Orlandi, Evan 8	4) Losier, Raymond 8	
5	Macomb St. P	A	51.82
	1) Head, Connor 8	2) Wargo, Tai 8	
	3) Haas, Nolan 7	4) Rohrborn, Ryan 8	
6	Saginaw St.	A	53.30
	1) Iles, Chase 8	2) Luetzow, Thomas 8	
	3) Naumann, Josiah 7	4) Robinson, Luke 8	
7	St Lorenz Lu	A	53.40
	1) Zehnder, Charlie 8	2) Zehnder, Blake 8	
	3) Trudell, Troy 8	4) Strieter, Cole 8	
8	Macomb Imman	A	54.97
	1) Horvath, Malachi 7	2) Gump, Brandon 8	
	3) Starkey, Drew 7	4) DiLella, Peter 8	

Event 127 Girls 4x100 Meter Relay class A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St. Michael	A	1:04.59
	1) Pape, Zah Layah 6	2) Kolusk, Emma 7	
	3) LaPerriere, Bralynn 6	4) Phelps, Miranda 5	
4	Peace Sagina	A	1:03.42
	1) Beam, Taylor 6	2) Habitz, Natalie 6	
	3) Balderstone, Madison 7	4) Hines, Madelynn 6	
5	Our Savior L	A	1:04.59
	1) Wood, Gabriella 6	2) Joslin, Ava 7	
	3) VanVleet, Lilli 8	4) Testorelli, Cianna 7	
6	Ann Arbor St	A	1:07.83
	1) Braun, Chloe 7	2) Skrycki, Olivia 7	
	3) Modica, Olivia 7	4) Grulke, Elise 7	

Section 2 of 2 Finals

1	Clinton Trin	A	1:02.20
	1) Penn, Mychala 7	2) Tremberth, Sidney 7	
	3) Reeder, Lilia 8	4) Rocker, Megan 8	
2	Napolean St.	A	1:00.47
	1) Snoply, Olivia 8	2) Topp, Leah 8	
	3) Butler, Addison 7	4) Dehnbostel, Jillian 7	
3	Faith Bay Ci	A	1:00.31
	1) Rosecrans, Claire 8	2) Ross, Zoey 8	
	3) Werth, Baya 7	4) Rosecrans, Charlotte 7	
4	Macomb Imman	A	59.51
	1) Pipitone, Natalie 8	2) Horvath, Addison 8	
	3) Probst, Jessica 7	4) Whitlam, Samantha 7	
5	Our Shepherd	A	59.76
	1) Troska, Addison 8	2) Trachsel, Cecelia 8	
	3) Glenn, Crystal 8	4) Macavage, Paige 8	
6	Millington S	A	1:00.41
	1) Ehrnmantraut, Grace 7	2) Wagner, Lyla 7	
	3) Ehrnmantraut, Carly 7	4) Blakeley, Destiny 7	
7	St Lorenz Lu	A	1:01.35
	1) Altom, Elyannah 7	2) Cramer, Kara 7	
	3) Cleary, Brooke 7	4) Swiecicki, Lillian 8	
8	Utica Trinit	A	1:02.41
	1) Nastasi, Madison 7	2) Spiehs, Keaira 7	
	3) Causley, Kiara 7	4) Martoni, Liana 7	

Event 130 Boys 4x400 Meter Relay Class B

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St Lorenz Lu	B	5:18.42
	1) Hoard, Emerson 5	2) Hudek, Daniel 6	
	3) Plana, William 6	4) Ridley, Judah 5	
4	Fraser St. J	A	5:17.17
	1) Mowinski, Vincenzo 6	2) Snell, Lukas 6	
	3) Elliott, Daniel 6	4) Lahey, Evan 6	
5	Our Savior L	A	5:17.88
	1) Legabu, Peter 6	2) Schmidt, Ian 4	
	3) VanVleet, Jacob 6	4) Richey, Rylen 6	
6	Utica Trinit	A	5:23.54
	1) Bowers, Gavin 5	2) Russell, Jadon 5	
	3) Alef, Elliot 6	4) Causley, Kendrick 5	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022

Saginaw Valley Lutheran HS

Meet Program - Championship Session

Section 2 of 2 Finals...(Event 130 Boys 4x400 Meter Relay Class A)

1	Christ the K	A	5:16.14
	1) Vermeersch, Luke 6	2) Kuhl, Dustin 6	
	3) Sattelberg, Luke 6	4) Neumann, Easton 6	
2	Macomb Imman	A	5:12.50
	1) Theoret, Brady 6	2) Kositzke, Hunter 6	
	3) Hosu, AJ 6	4) Kress, Matthew 5	
3	St Lorenz Lu	A	5:09.35
	1) Hecht, Carter 6	2) Kerns, Grant 6	
	3) Clark, Jacob 6	4) Wascher, Dierk 6	
4	Clinton Trin	A	5:00.34
	1) Matthews, Jaxon 6	2) Pitters, Will 5	
	3) Rocker, Ben 6	4) Nyboer, Andrew 6	
5	Monroe Trini	A	5:00.71
	1) Bellino, Bryce 5	2) Butler, Cole 4	
	3) Gessner, Jeffery 6	4) Rohr, Gavin 6	
6	Ann Arbor St	A	5:11.59
	1) Conley, Joseph (Granger) 6	2) Raasch, Colton 5	
	3) Skrycki, Landon 4	4) Shinn, Elijah 5	
7	Our Shepherd	A	5:15.98
	1) Grohs, Charlie 6	2) Troska, Beckett 6	
	3) Troska, Caelan 6	4) Siefker, Eli 5	
8	Guardian Lut	A	5:16.39
	1) Mangiapane, Caleb 6	2) Lorenzen, Nole 6	
	3) Carrillo-Alcudia, Lazaro 6	4) Englert, Jonas 5	

Event 132 Boys 4x400 Meter Relay class A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Our Shepherd	A	4:39.98
	1) Kosciuk, Noah 8	2) Siefker, Nathanael 7	
	3) VanNorman, Max 7	4) Poyhonen, Oliver 8	
3	St. John Lut	A	4:38.27
	1) Johnson, Elijah 7	2) Lee, Carter 8	
	3) Dayton, Ryder 8	4) Mazurak, Logan 8	
4	Holy Cross L	A	4:35.19
	1) Ghotra, Jasdeep 8	2) Pugh, Dylan 8	
	3) Hardy, Jayden 8	4) Jolin, Colt 8	
5	Utica Trinit	A	4:36.00
	1) Alef, Oliver 8	2) Hazelton, Alex 8	
	3) Beck, Brandon 8	4) Haskins, William 8	
6	Our Savior L	A	4:38.80
	1) Paxton, Luke 8	2) Couser, Micah 7	
	3) McNair, Tanner 8	4) Lounds, Nolan 7	

Section 2 of 2 Finals

1	Macomb Imman	A	4:24.65
	1) Garner, Grant 8	2) Gump, Brandon 8	
	3) Starkey, Drew 7	4) Roman, Xavier 8	
2	Guardian Lut	A	4:14.89
	1) Vermeulen, John 8	2) Tutas, Devon 8	
	3) Englert, Asher 8	4) Brannan, Max 8	
3	Ann Arbor St	A	4:12.70
	1) Uher, Landon 7	2) Bailey, Henry 7	
	3) Conley, Thomas (Tj) 8	4) Carmichael, Solomon 8	
4	St Lorenz Lu	A	4:09.41
	1) Strieter, Jack 8	2) Mossner, Braeden 8	
	3) Plana, Anthony 8	4) Magnus, Brett 8	
5	St Lorenz Lu	B	4:11.94
	1) Hoard, Lleyton 8	2) Stapleton, Carter 7	
	3) Trudell, Troy 8	4) Strieter, Cole 8	
6	Monitor Trin	A	4:12.74
	1) Johnson, Xander 8	2) Hernandez, Jojo 7	
	3) Sharon, Zachary 8	4) Samborn, Robby 7	
7	Fraser St. J	A	4:18.54
	1) Pruzinsky, William 8	2) Gapinski, Nathan 8	
	3) Greene, Cullen 8	4) Elliott, Elijah 8	
8	Napolean St.	A	4:34.57
	1) Durham, Spencer 7	2) Head, Caiden 8	
	3) Groll, Beckham 8	4) Niekamp, Ross 8	

Event 129 Girls 4x400 Meter Relay Class B

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Faith Bay Ci	A	5:55.91
	1) Webber, Grace 6	2) O'Brien, Karys 6	
	3) Eggers, Audrey 6	4) Schisler, Kinsley 4	
4	Peace Shelby	A	5:49.53
	1) Parow, Ayda 5	2) Hunsanger, Charlotte 6	
	3) Mcansh, Malia 6	4) Fox, Brooklyn 6	
5	Macomb Imman	A	5:49.66
	1) Krapp, Madelyn 5	2) Roman, Ravella 4	
	3) Clark, Annabella 4	4) Kress, Amanda 5	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022

Saginaw Valley Lutheran HS

Meet Program - Championship Session

Section 2 of 2 Finals...(Event 129 Girls 4x400 Meter Relay Cla

2	St. John Lut	A	5:29.22
	1) Kuntzman, Kiera 5	2) Fuery, Audrey 6	
	3) Scharrer, Tillie 6	4) Thomas, Ava 6	
3	Monroe Trini	A	5:23.17
	1) Frank-DeRoch, Charity 5	2) Little, Lacie 5	
	3) Oetjens, Olivia 5	4) Sikes, Kelsie 4	
4	St Lorenz Lu	A	5:17.25
	1) Kroeger, Landyn 6	2) Winningham, Izzy 6	
	3) King, Addison 5	4) Chinery, Roxane 6	
5	Napolean St.	A	5:19.57
	1) Dehnbostel, Allison 5	2) Ressler, Tessa 6	
	3) Chambers, Alaina 5	4) Huddle, Gwentyth 6	
6	St Michael's	A	5:27.32
	1) Bickel, Brooke 6	2) Callahan, Ava 5	
	3) McCloud, Maya 6	4) Rodammer, Braelin 6	
7	Our Savior L	A	5:40.26
	1) Hull, Kallie 5	2) Paxton, Alyssa 4	
	3) Barclay, Evelyn 4	4) Snook, Bryleigh 5	

Event 131 Girls 4x400 Meter Relay class A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Guardian Lut	A	5:28.62
	1) Krafchak, Cecelia 7	2) Cole, Eleanor 8	
	3) Johnston, Anastasia 8	4) Patterson, Katie 8	
4	Peace Shelby	A	5:12.81
	1) Finn, Riley 7	2) Shaplllo, Mallory 7	
	3) Boright, Jamie 8	4) Schlaps, Greta 7	
5	Holy Cross L	A	5:28.50
	1) Hayes, Zara 8	2) Csutora, Hailey 8	
	3) Villarreal, Lili 8	4) Gray, Amaris 8	

Section 2 of 2 Finals

1	Macomb Imman	A	5:06.36
	1) Pipitone, Natalie 8	2) Horvath, Addison 8	
	3) Gump, Vanessa 8	4) Ruffino, Ava 8	
2	Macomb St. P	A	5:04.01
	1) Caplis, Savannah 7	2) Ellsworth, Lily 7	
	3) Humphrey, Joy 7	4) Anderson, Katya 7	
3	Eastpointe S	A	4:53.96
	1) Owens, Kayden 8	2) MacLeod, Madison 8	
	3) Jablonowski, Lily 8	4) Hess, Sophia 7	
4	St Lorenz Lu	A	4:45.31
	1) Frank, Marissa 7	2) Sholten, Nyla 7	
	3) Conzelmann, Lucy 7	4) Foltz, Natalie 8	
5	Peace Sagina	A	4:48.76
	1) Keup, Leah 7	2) Kaul, Kinsey 8	
	3) Cmeyla, Lindsey 6	4) Cmeyla, Bethany 6	
6	Napolean St.	A	4:56.87
	1) Dehnbostel, Jillian 7	2) Elling, Ava 8	
	3) Topp, Leah 8	4) Tassler, Ava 8	
7	Our Savior L	A	5:06.13
	1) Agnew, Emily 8	2) VanVleet, Lilli 8	
	3) Paxton, Julia 6	4) Schlegel, Madeleine 8	
8	St. John Lut	A	5:12.18
	1) Duda, Kylie 8	2) Larsen, Abigail 8	
	3) Burrell, Elizabeth 8	4) Brown, Scarlet 7	

Event 27 Girls Long Jump class A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Onan, Arianna	8	Holy Ghost L	11-11.75
2	Reister, Olivia	7	Southgate Ch	12-02.25
3	Foster, Paris	8	Toledo Trini	12-04.00
4	Mills, Mercedes	8	Bay City Imm	12-05.00
5	Winningham, Amelia	8	St Lorenz Lu	12-05.00
6	Garon, Kaitlyn	8	Peace Shelby	12-05.50
7	Horvath, Addison	8	Macomb Imman	12-06.00
8	Whitlam, Samantha	7	Macomb Imman	12-08.25
9	Elling, Ava	8	Napolean St.	12-11.00
10	Bolzmann, Layla	8	Christ the K	13-11.50
11	Schuessler, Julie	7	St. Paul's E	14-00.00
12	Owens, Kayden	8	Eastpointe S	14-01.00
13	Bitzer, Lauryn	7	Faith Bay Ci	14-03.00
14	Hess, Sophia	7	Eastpointe S	14-03.25
15	Kelsey, Ava	8	Holy Cross L	15-01.00

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 28 Girls Shot Put class A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Otter, Lilah	8	St. Johns Wa	25-04.00
2	Foster, Paris	8	Toledo Trini	26-05.50
3	Owens, Kameron	8	Eastpointe S	27-00.50
4	Guerrero, Mia	7	Jackson Trin	27-07.50
5	Jablonowski, Lily	8	Eastpointe S	28-00.00
6	Teelander, Julia	8	St. John Lut	28-02.25
7	Armstrong, Lainie	8	Faith Bay Ci	28-04.50
8	Breternitz, Adelia	8	Hemlock St.	29-02.25
9	Scherzer, Lydia	7	Monitor Trin	29-02.75
10	Penn, Mychala	7	Clinton Trin	29-10.00
11	Koehler, Kennedy	8	Saginaw St.	30-04.50
12	Montgomery, Summer	8	St. Michael	30-05.00
13	Spiehs, Keaira	7	Utica Trinit	33-02.00
14	Bane, Avery	8	St. Michael	33-10.50
15	Klemish, Kendelle	8	Hemlock St.	34-01.00

Event 29 Boys Long Jump class A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Conley, Thomas (Tj)	8	Ann Arbor St	14-07.25
2	Uher, Landon	7	Ann Arbor St	14-10.00
3	Vermeulen, John	8	Guardian Lut	15-00.50
4	Rupprecht, Isaac	8	Trinity Rees	15-02.00
5	Wilhelm, Zackary	8	St Lorenz Lu	15-04.00
6	Adams, Cameron	7	Walled Lake	15-04.50
7	Hamilton, Gavin	8	Toledo Trini	15-07.75
8	Moilanen, Matthew	8	Jackson Trin	15-09.25
9	Mossner, Braeden	8	St Lorenz Lu	16-02.00
10	Orlandi, Evan	8	Fraser St. J	16-03.00
11	Wenzell, Nathaniel	7	Saginaw St.	16-07.00
12	Thiessen, PJ	7	St. John Lut	16-08.00
13	Stout, Hayden	7	Peace Sagina	16-10.00
14	Davis, Jacob	8	Fraser St. J	17-03.00
15	Rohrborn, Ryan	8	Macomb St. P	17-05.25

Event 30 Boys Shot Put class A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Hauss, Rudy	7	Eastpointe S	30-00.25
2	Losier, Raymond	8	Fraser St. J	32-04.00
3	Froehlich, Xavier	8	St. Paul's E	32-09.25
4	Wenzell, Nathaniel	7	Saginaw St.	33-04.00
5	Durham, Spencer	7	Napolean St.	33-09.50
6	Williams, Gunner	8	St. Johns Wa	34-03.00
7	Frank-DeRoch, Samuel	8	Monroe Trini	34-06.00
8	Simmons, Avery	7	St Lorenz Lu	35-04.00
9	Blossom, Evan	8	St Michael's	35-07.25
10	Erkkinen, Caleb	7	Clinton Trin	35-10.50
11	Wargo, Tai	8	Macomb St. P	36-01.00
12	Schmandt, Qwill	8	Millington S	36-01.50
13	Swanson, Trevan	8	Hemlock St.	36-03.25
14	Rohrborn, Ryan	8	Macomb St. P	36-09.00
15	Cain, Joey	8	St. Paul's E	37-10.50

Event 31 Girls Long Jump Class B

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Jablonowski, Daisy	5	Eastpointe S	9-09.25
2	Wick, Alexa	6	Peace Shelby	9-10.75
3	Kress, Amanda	5	Macomb Imman	10-02.25
4	Tyll, Stella	5	Macomb Imman	10-06.50
5	Morsehead, Scarlett	6	Our Savior H	10-08.00
6	Goehmann, Marian	6	St. Johns Wa	10-08.50
7	Panetta, Lyla	5	Utica Trinit	10-09.25
8	Di'Carlo, Noelle	4	Holy Ghost L	11-01.00
9	Rodammer, Braelin	6	St Michael's	12-00.50
10	Burrows, Claire	5	Millington S	12-00.50
11	Tougas, Emma	6	Our Savior H	12-01.00
12	MacDonald, Emma	6	St. John-Ame	12-04.25
13	Cmeyla, Lindsey	6	Peace Sagina	12-04.75
14	Stout, Brooklyn	6	Peace Sagina	12-07.00
15	Lorch, Amelia	6	Ann Arbor St	12-11.50

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 32 Girls Shot Put Class B

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Pavlik, Rebecca	6	St. John Lut	19-03.00	
2	Macri, Ariana	5	Macomb St. P	19-10.50	
3	Thorpe, Lina	6	Macomb Imman	19-11.50	
4	Khoury, Cecelia	6	Guardian Lut	21-08.75	
5	Ellis, Gracie	6	Millington S	22-01.00	
6	Kukulski, Mya	5	St Michael's	22-02.00	
7	Sieb, Ella	6	Monroe Trini	22-02.50	
8	Frank, Paige	5	Monroe Trini	22-07.75	
9	Scheiwe, Isabella	6	Napolean St.	23-01.75	
10	Hines, Madelynn	6	Peace Sagina	23-08.50	
11	Marut, Ella	6	St. Johns Wa	23-10.75	
12	Haus, Eva	6	Eastpointe S	25-01.25	
13	Cowles, Naomi	6	Concordia Lu	26-08.50	
14	Winningham, Izzy	6	St Lorenz Lu	28-02.00	
15	Hall, Kloe	6	Bethlehem Lu	28-04.00	

Event 33 Boys Long Jump Class B

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Abele, Ben	6	Peace Shelby	11-09.00	
2	Brieden, Aaron	6	Concordia Lu	11-09.75	
3	Lantzy, Nathan	6	Macomb St. P	11-11.75	
4	Tyll, Elijah	6	Macomb Imman	12-01.25	
5	Shinn, Elijah	5	Ann Arbor St	12-04.00	
6	Burrows, Shane	6	Millington S	12-05.50	
7	Mangiapane, Caleb	6	Guardian Lut	12-05.75	
8	Legabu, Peter	6	Our Savior L	12-05.75	
9	Martin, Gabe	5	Midland St.	12-08.00	
10	Walker, Nicholas	6	Toledo Trini	12-09.75	
11	Wenzell, Easton	5	Saginaw St.	13-03.00	
12	Richardson, Emmett	5	Holy Cross L	13-04.75	
13	Schisler, Reid	6	Faith Bay Ci	13-05.00	
14	Briggs, Eli	6	Trinity Rees	13-06.75	
15	Eden, Nathaniel	6	Ann Arbor St	13-07.50	
16	Clark, Ashton	6	Macomb Imman	14-00.25	

Event 34 Boys Shot Put Class B

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Pipitone, Joseph	5	Macomb Imman	20-05.25	
2	Reininger, Michael	5	Eastpointe S	20-08.00	
3	Tingas, Gabe	6	Fraser St. J	22-02.25	
4	Hartwick, Joe	6	Westland St.	22-05.00	
5	Buonbrisco, Frank	6	Clinton Trin	22-05.75	
6	Curnutt, Brody	5	Hemlock St.	22-08.50	
7	Taha, Ayad	6	Guardian Lut	23-06.50	
8	Becker, Gavin	6	Saginaw St.	23-08.50	
9	Barrett, Owen	6	Napolean St.	24-01.75	
10	Gushow, Alex	5	Monitor Trin	24-04.50	
11	Nocella, Ben	6	St. Johns Wa	25-00.75	
12	Kernstock, Jason	6	Saginaw St.	25-05.50	
13	O'Nan, Elias	6	Holy Ghost L	25-05.50	
14	Bolash, Aidan	6	Ann Arbor St	26-11.50	
15	Simmons, Camden	6	St Lorenz Lu	31-08.50	

Event 235 Girls High Jump class A

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Butler, Addison	7	Napolean St.	3-10.00	
2	Chasnis, Lauryn	8	Peace Sagina	3-10.00	
3	Ehrnmantraut, Carly	7	Millington S	3-10.00	
4	Hoepfner, Makenna	7	St Michael's	3-10.00	
5	Lowry, Maddie	8	St. Paul's E	4-01.00	
6	Rocker, Megan	8	Clinton Trin	4-02.00	
7	Burhop, Hannah	7	Trinity Rees	4-02.00	
8	Burrell, Elizabeth	8	St. John Lut	4-02.00	
9	Willey, Delani	8	Monroe Trini	4-04.00	
10	Beethe, Emily	7	Monitor Trin	4-05.00	
11	Patterson, Katie	8	Guardian Lut	4-06.00	
12	Danis, Lyla	7	Macomb St. P	4-06.00	
13	Hayes, Zara	8	Holy Cross L	4-07.00	
14	Pratt, Autumn	8	Macomb Imman	4-08.00	

Event 236 Girls High Jump Class B

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Howard, Natasha	5	Utica Trinit	3-08.00	
2	MacDonald, Emma	6	St. John-Ame	3-10.00	
3	Dehnbostel, Allison	5	Napolean St.	3-10.00	
4	Frank-DeRoch, Lydia	6	Monroe Trini	3-11.00	
5	Schmidt, Morgen	6	Holy Ghost L	4-00.00	
6	Beam, Taylor	6	Peace Sagina	4-00.00	
7	Meier, Raeleona	6	Faith Bay Ci	4-00.00	
8	Paxton, Julia	6	Our Savior L	4-01.00	
9	Martensen, Emily	6	Our Shepherd	4-02.00	
10	Bickel, Brooke	6	St Michael's	4-02.00	
11	Rose, Szasha	6	Holy Ghost L	4-04.00	
12	McCloud, Maya	6	St Michael's	4-04.00	
13	Duda, Allie	6	St. John Lut	4-05.00	
14	Frank-DeRoch, Charity	5	Monroe Trini	4-06.00	
15	Sheldon, Lauren	6	St. John Lut	5-00.00	

Michigan District Lutheran MS Track and Field Championship - 6/4/2022
Saginaw Valley Lutheran HS
Meet Program - Championship Session

Event 237 Boys High Jump Class B

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Stopyak, Samuel	4	Faith Bay Ci	3-10.00
2	Johnson, Tahj	6	Midland St.	3-10.00
3	Trudell, Aiden	6	St Lorenz Lu	3-10.00
4	Carrillo-Alcudia, Lazaro	6	Guardian Lut	4-00.00
5	Raasch, Colton	5	Ann Arbor St	4-00.00
6	Scharrer, Zach	6	St. Paul's E	4-00.00
7	Eden, Nathaniel	6	Ann Arbor St	4-00.00
8	Rocker, Ben	6	Clinton Trin	4-01.00
9	DiStefano, Matty	5	Macomb St. P	4-01.00
10	Englert, Jonas	5	Guardian Lut	4-02.00
11	Durham, Simon	5	Napolean St.	4-03.00
12	Rohr, Gavin	6	Monroe Trini	4-03.00
13	Siefker, Eli	5	Our Shepherd	4-04.00
14	Lorenzen, Nole	6	Guardian Lut	4-04.00
15	Pitters, Will	5	Clinton Trin	4-04.00
16	Martin, Gabe	5	Midland St.	4-06.00
17	Kozlowski, Liam	6	Macomb Imman	4-07.00

Event 238 Boys High Jump class A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Swanson, Trevan	8	Hemlock St.	4-08.00
2	Luetzow, Thomas	8	Saginaw St.	4-08.00
3	Strieter, Jack	8	St Lorenz Lu	4-08.00
4	Wenzell, Nathaniel	7	Saginaw St.	4-08.00
5	Schiffer, Daniel	8	St. Johns Wa	4-08.00
6	Starkey, Drew	7	Macomb Imman	4-08.00
7	Poyhonen, Oliver	8	Our Shepherd	4-08.00
8	Wargo, Tai	8	Macomb St. P	4-08.00
9	Glaser, Gregory	7	Macomb St. P	4-08.00
10	Stapleton, Carter	7	St Lorenz Lu	4-08.00
11	Chambers, Emerson	7	Monitor Trin	4-08.00
12	Carmichael, Solomon	8	Ann Arbor St	4-09.00
13	Head, Caiden	8	Napolean St.	4-10.00
14	Harmon, Noah	8	Monroe Trini	4-11.00
15	Head, Connor	8	Macomb St. P	4-11.00
16	Jolin, Colt	8	Holy Cross L	5-00.00
17	Schiavone, Trent	8	Peace Sagina	5-01.00
18	Tiedje, Timothy	8	Walled Lake	5-01.00
19	Niekamp, Ross	8	Napolean St.	5-02.00
20	Greene, Cullen	8	Fraser St. J	5-04.00
21	Stout, Hayden	7	Peace Sagina	5-07.00

Top Ten 4th–6th Grade Boys (1971–2021)

100 METER DASH

1	Joshua Tipton	PAA	(12.84)	12.50	17
	Vance Crawford	TRM	(12.87)	12.50	17
3	Aubrey Moore	ZBC		12.68	06
4	Jason Melton	PAA		12.78	83
	Tyler Miles	TSJ		12.79	15
	Levi Yeah	OSL	(13.11)	12.80	21
7	Paul Gay	LFR		12.88	08
8	Tyler Mallik	PNP		12.94	08
	Troy Hecht	MRI		12.98	04
	Jacob Puma	CSO	(13.38)	13.00	16
	PJ Thiessen	JRO	(13.38)	13.00	21

1600 METER RUN

1	Tim Irwin	JRO		5:05.08	12
2	Matthew Rolf	SWF		5:08.29	03
3	Paul Nestor	PLA		5:12.09	08
4	Michael Martinka	LFR		5:13.28	96
5	Jacob Ehrman	PAA		5:18.78	10
6	Hayden Ewald	CKS		5:20.14	08
	Tim Irwin	JRO		5:20.15	11
8	Andy Brittain	TRM		5:20.87	89
9	Matthew Rolf	SWF		5:20.94	02
10	Mark Vance	LFR		5:22.60	92

200 METER DASH

1	Aubrey Moore	ZBC		26.15	06
2	Jacob Puma	CSO	(26.64)	26.30	16
3	Levi Yeah	OSL	(27.16)	26.80	21
4	Joshua Tipton	PAA	(27.27)	26.90	17
5	Dylan Jablonski	JMD		27.02	08
	Ben VanSumeren	ZBC		27.03	12
	Che Arocha	ZBC	(27.45)	27.10	19
8	Brandon Snyder	PAA	(27.59)	27.20	16
9	DeAndre Ballard	PEP		27.23	94
	Scott Rauschenberger	GAU		27.24	00
	Terance Green	PFL		27.28	08

HIGH JUMP

1	Darryl Webb	JFR		5' 3"	87
2	Ryan Musch	PAA		5' 2"	94
	Andrew Pfundt	TBC		5' 2"	08
	Jared Waltz	TRM		5' 2"	08
5	Philip Schlicker	GUD		5' 1"	93
6	Scott Knabus	TRM		5' 0"	85
	Ron Schwarz	PFL		5' 0"	91
	Sherrod Williams	PEP		5' 0"	96
	Mitch Latray	TRM		5' 0"	06
10	Andy Selich	PMI		4' 11"	86
	Myke Thom	TRM		4' 11"	90
	Ron Schwarz	PFL		4' 11"	90
	Joe Licavoli	PMI		4' 11"	96

400 METER DASH

1	Nick Veitengruber	LFR		59.52	06
	Logan Marcicki	PLA		59.53	08
3	Tim Pitcher	TRM		1:00.29	83
4	Logan Marcicki	PLA		1:00.79	07
	Robby Samborn	TBC	(1:01.20)	1:00.80	21
6	Rudy Hauss	PEP	(1:01.49)	1:01.10	21
7	Nathan Holland	PEP		1:01.92	09
	Richie Beebe	PST		1:01.95	01
9	Jack Lisker	TRM	(1:02.59)	1:02.20	19
10	Carson Brunk	OSL	(1:02.625)	1:02.30	16
	Paul Davenport	MWE	(1:02.629)	1:02.30	16

LONG JUMP

1	Joshua Tipton	PAA		16' 0"	17
2	Ben Moldenhauer	MWL		15' 6.75"	98
3	Bobby Lanham	TRJ		15' 6.5"	18
4	Nathaniel Wenzell	PSG		15' 5"	21
5	AJ Dirr	PNP		15' 4.75"	19
6	Terance Green	PFL		15' 3.75"	08
7	Brad Fiebig	ISE		15' 3.25"	86
	Matt Nichols	PST		15' 3.25"	00
9	Jaxen Wourman	PAA		15' 3"	19
10	Max Wood	ZBC		15' 2.25"	11

800 METER RUN

1	Paul Nestor	PLA		2:19.40	08
2	Michael Martinka	LFR		2:20.39	96
3	Tim Irwin	JRO		2:20.61	12
4	Tim Pitcher	TRM		2:23.17	83
5	Matthew Holden	PSA		2:23.90	01
	Brady Cunningham	PAA	(2:24.29)	2:23.90	16
7	Andrew Voelkner	OSL		2:24.03	83
8	Richie Beebe	PST		2:24.25	01
9	Cameron Santangelo	PEP		2:25.82	08
10	Zachery Stadnika	TUT		2:26.15	10

SHOT PUT

1	Kurtis Poore	TRM		38' 1"	05
2	Justin Donaghy	PSG		37' 8.5"	02
3	Brayden Lata	TTO		35' 11.5"	17
4	Matt Berkobian	BSA		35' 9.5"	94
5	Ken Finley	MLG		35' 0"	87
6	Kurt Greenleaf	GAU		34' 4"	96
7	Jacob Bias	CSO		34' 1.5"	17
8	Eddie Moldenhauer	TUT		33' 11.5"	95
9	Craig Otter	JNB		33' 9.75"	97
10	Jason Neitzel	ZBC		33' 9"	99

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten 7th–8th Grade Boys (1971–2021)

100 METER DASH

1	David Spezia	PST	11.53	82
	Dominick Dolane	CSO (12.00)	11.60	16
3	Deven Jewell	MRI (12.09)	11.70	16
4	Blake McRae	PMC	11.77	15
	Logan Manning	MWL	11.79	12
6	Jason Bierlein	MRI	11.84	02
	Paul Schoenow	LFR	11.84	10
	Aubrey Moore	ZBC	11.85	07
	Jason Brown	PNP	11.86	05
	Adam Houthoofd	PSA	11.87	02
	Vance Crawford	TRM (12.21)	11.90	18

1600 METER RUN

1	Andy Brittain	TRM	4:44.14	91
2	Hayden Ewald	CKS	4:44.40	10
3	Mike Janssen	LFR	4:48.20	85
4	Tim Pitcher	TRM	4:49.90	85
5	Evan Krzyske	TRM	4:51.54	06
6	Tim Irwin	JRO	4:52.23	14
7	Ethan Rice	PEP (4:53.17)	4:52.80	16
8	Brad Redford	LFR	4:54.73	04
9	Matthew Michaud	TRM	4:55.92	91
10	Tim Pitcher	TRM	4:56.18	84
	Mike Janssen	LFR	4:56.19	84

200 METER DASH

1	Michael Golden	LFR	23.96	02
	Dominick Dolane	CSO (24.37)	24.00	16
3	David Spezia	PST	24.02	82
	Irvin Wyche	TCT	24.06	08
5	Brad Fiebig	ISE	24.16	88
	Deven Jewell	MRI (24.52)	24.20	16
	Jacob Puma	CSO (24.54)	24.20	17
	Vance Crawford	TRM (24.57)	24.20	18
9	Jason Bierlein	MRI	24.23	02
	Jason Brown	PNP	24.29	05
	Jacob Puma	CSO (24.62)	24.30	18

HIGH JUMP

1	Nick Peake	BSA	6' 1"	06
2	Myke Thom	TRM	5' 11"	92
	Chuck Arnold	PUN	5' 11"	95
4	Chris Sweets	JRO	5' 10"	83
	Aaron Darley	PAA	5' 10"	90
	Jared Waltz	TRM	5' 10"	10
7	Darryl Webb	JFR	5' 9"	88
	Seth Luplow	PSG	5' 9"	06
	Jackson Maxwell	PFL	5' 9"	10
10	T. Jones	GPD	5' 8"	79
	Darrel Malloch	TRJ	5' 8"	95
	Ryan Musch	PAA	5' 8"	96
	Nick Miscovich	OSB	5' 8"	05
	Stephen Miscovich	OSB	5' 8"	06
	Andrew Pfundt	TBC	5' 8"	10

400 METER DASH

1	Nick Veitengruber	LFR	53.65	08
2	Jason Huntley	TRM	54.39	00
3	Nathan Holland	PEP	54.85	11
4	William Zeiler	HCD	54.99	82
5	D. Tyson	HCD	55.23	79
6	Mitch Latray	TRM	55.34	08
	Nathan Holland	PEP	55.35	10
8	Jack Veitengruber	LFR	55.52	12
	Coleson Wrege	TRJ	55.53	07
	Paul Nestor	PLA	55.58	10

LONG JUMP

1	Legend Kenny	PMC	18' 11.5"	13
	Brandon Snyder	PAA	18' 11.5"	18
3	Terance Green	PFL	18' 10.25"	10
4	Ben Moldenhauer	MWL	18' 8.5"	00
5	Brock Hall	PFL	18' 6.5"	99
6	Ronald Heard	JDT	18' 5.25"	81
7	Brad Fiebig	ISE	18' 5"	88
8	Stephen Ennis	OSH	18' 4.75"	10
9	R'Hen Wright	BSA	18' 3"	99
	Joshua Tipton	PAA	18' 3"	19

800 METER RUN

1	Andy Brittain	TRM	2:07.52	91
	Tim Pitcher	TRM	2:07.59	85
3	Travis Borchard	PSA	2:08.47	05
4	Tim Irwin	JRO	2:10.31	14
5	Paul Nestor	PLA	2:11.01	09
6	Hayden Ewald	CKS	2:11.24	10
7	Evan Krzyske	TRM	2:11.83	06
8	Luke Butler	TRM (2:12.71)	2:12.40	19
9	Matthew Rolf	JRO	2:13.20	05
10	Ethan Rice	PEP (2:14.03)	2:13.70	16

SHOT PUT

1	Scott Barton	PEP	52' 6.5"	81
2	Brayden Lata	TTO	50' 7"	19
3	Eric LaHaine	OSL	49' 10"	79
4	Marcus Reese	LSD	48' 4.5"	87
5	Jason Brown	PNP	48' 0.75"	05
6	Erik Hecht	MRI	47' 2.25"	98
7	Gary Paulette	JAD	46' 9.75"	96
8	David Drwencke	PMC	46' 4.75"	99
	Aaron Meckes	FBC	46' 4.75"	05
10	M. Dinkel	HCF	46' 3.75"	71

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten Relays Boys (1971–2021)

400 METER RELAY - 7-8th BOYS

1	St. Lorenz, Frankenmuth	49.34	09
2	Holy Ghost, Monroe	49.96	94
3	Our Shepherd, Birmingham	50.09	09
4	St. Paul, Napoleon	50.16	10
	St. Lorenz, Frankenmuth	50.16	10
6	St. John, Rochester	50.23	81
7	St. Lorenz, Frankenmuth	50.47	02
8	Immanuel, Sebawaing	50.63	88
9	St. Paul, Napoleon	50.76	93
	St. Lorenz, Frankenmuth	50.79	04
	St. Lorenz, Frankenmuth	50.80	15

400 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth	55.26	00
2	St. Paul, Ann Arbor	(56.30) 55.90	16
3	St. Lorenz, Frankenmuth	56.19	90
	Holy Cross, Detroit	56.20	87
5	St. Paul, Ann Arbor	56.31	88
6	Bethlehem, Saginaw	56.69	90
7	Christ the King, Sebawaing	57.14	13
8	Immanuel, Bay City	57.24	88
9	St. Lorenz, Frankenmuth	57.34	96
	St. Lorenz, Frankenmuth	57.36	08
	Our Savior, Lansing	57.39	90
	Immanuel, Macomb	(57.79) 57.40	21

800 METER RELAY - 7-8th BOYS

1	St. Lorenz, Frankenmuth	1:43.20	08
2	St. Lorenz, Frankenmuth	1:43.31	07
3	St. Lorenz, Frankenmuth	1:43.60	02
	St. Lorenz, Frankenmuth	1:43.60	09
5	St. Lorenz, Frankenmuth	1:43.72	12
6	St. Lorenz, Frankenmuth	1:44.10	04
7	Holy Ghost, Monroe	1:44.19	94
8	St. Paul, Napoleon	1:44.56	97
9	St. Lorenz, Frankenmuth	1:44.97	98
	Detroit Urban, Detroit	1:45.00	90

800 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth	1:56.45	96
2	St. Lorenz, Frankenmuth	(1:57.21) 1:56.90	18
3	St. Lorenz, Frankenmuth	1:57.07	05
4	St. Paul, Napoleon	1:57.85	08
5	St. Lorenz, Frankenmuth	1:57.98	06
6	St. Lorenz, Frankenmuth	1:58.65	08
7	Immanuel, Macomb	(1:59.40) 1:59.00	21
8	Trinity, Monroe	1:59.24	05
	Zion, Bay City	1:59.25	06
10	Trinity, Utica	1:59.45	87
	St. Lorenz, Frankenmuth	1:59.46	02

1600 METER RELAY - 7-8th BOYS

1	St. Lorenz, Frankenmuth	3:55.35	12
2	Trinity, Monroe	3:57.84	00
3	St. Lorenz, Frankenmuth	3:58.86	08
4	Trinity, Utica	4:00.50	12
5	St. Lorenz, Frankenmuth	4:02.08	13
6	St. Lorenz, Frankenmuth	4:03.08	07
7	St. Peter, Eastpointe	4:03.63	10
8	St. Peter, Eastpointe	4:03.85	11
9	St. Lorenz, Frankenmuth	4:04.13	97
10	Peace, Saginaw	4:04.90	05

1600 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth	(4:28.14) 4:27.80	18
2	St. Peter, Eastpointe	4:30.16	09
3	St. Paul, Lapeer	4:34.38	08
4	St. Lorenz, Frankenmuth	4:37.00	05
5	St. Peter, Eastpointe	4:38.01	94
6	Trinity, Utica	4:39.73	10
7	St. Lorenz, Frankenmuth	4:40.40	06
8	St. Lorenz, Frankenmuth	4:41.55	15
9	St. Lorenz, Frankenmuth	(4:42.11) 4:41.80	16
10	St. Stephen, Waterford	4:42.08	03

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten 4th–6th Grade Girls (1971–2021)

100 METER DASH

1	Hannah Livingston	PSA	(13.47)	13.10	17
2	Kate Osantowski	TRE		13.30	12
3	Lacey Juengel	PMC		13.36	12
	Kayla Finkbeiner	HCS		13.40	04
5	Hannah Livingston	PSA	(13.89)	13.50	16
6	Hailee Clack	PFL		13.53	15
	Alexis Johnson	CRD		13.53	13
	Olivia Wyche	TCT		13.55	08
	Brooke Swan	CSO		13.55	14
	Hailee Clack	PFL		13.56	14
	Andrea DeBardelaben	HCS		13.57	85
	Amaya Leslie	TRM	(13.95)	13.60	16

200 METER DASH

1	Bettina Winkler	JRO		26.20	12
2	Angie Ritter	ISA		26.26	08
3	Kenzie Reuber	PMC		27.36	12
4	Olivia Wyche	TCT		27.72	08
5	Rachel Marter	TTO		28.38	08
	Ashley Ruhlig	TRM	(28.80)	28.40	18
7	Alex Thomas	PLA		28.47	11
8	Kayla Finkbeiner	HCS		28.61	04
	Hailey Ekong	TRJ	(29.06)	28.70	16
10	Angelina Blanchette	JRO		28.72	05
	Heidi Sy	TUT		28.77	85

400 METER DASH

1	Winonah Krug	TRM		1:04.42	04
2	Victoria Pereyra	MWE		1:05.16	15
3	Kaitlyn Gilchrist	IMC		1:05.27	08
4	Laura Rolf	JRO		1:05.38	99
5	Diana Gildo	OSL		1:05.49	14
6	Emily Wee	LFR		1:05.65	06
7	Courtney Zorn	LFR		1:05.98	94
8	Grace Williamson	CKS		1:06.24	15
9	Connie Mallinson	CCH		1:06.41	96
10	Myiah Welborn	TTO	(1:06.95)	1:06.60	18

800 METER RUN

1	Laura Rolf	JRO		2:24.99	99
2	Winonah Krug	TRM		2:33.89	04
3	Evelyn Short	TRM	(2:35.53)	2:35.20	17
4	Lauren Conant	TRM	(2:35.67)	2:35.30	17
5	Kayla Pfund	JRO		2:35.46	04
6	Becky Chase	LFR		2:35.62	85
7	Thea Schley	MWA	(2:36.45)	2:36.10	16
8	KC Thornton	TRM		2:37.11	13
9	Katie Rolf	SWF		2:37.24	01
10	Taylor Enmark	TUT		2:37.60	94

1600 METER RUN

1	Kayla Pfund	JRO		5:29.61	04
2	Laura Rolf	JRO		5:29.85	99
3	KC Thornton	TRM		5:41.40	13
4	Laura Rolf	JRO		5:42.03	98
5	Ashlyn Nagel	FBC		5:42.70	14
6	Lucy Conzelmann	LFR	(5:44.99)	5:44.60	21
7	Anne Keinath	PAA		5:48.24	96
8	Gina Patterson	TUT		5:50.00	09
9	Alexandra Szajna	TUT		5:50.19	06
10	Claire Lisker	TRM	(5:51.46)	5:51.10	19

HIGH JUMP

1	Heather Wuobio	JAM		4' 10"	99
	Amber Siegle	PMC		4' 10"	02
3	Madison Kieft	PAA		4' 9"	16
4	Kristen Miller	PFL		4' 8"	88
	Tanisha Warren	PCD		4' 8"	88
	Ariel Roberts	GUD		4' 8"	03
7	Charlene Parrish	TTO		4' 7"	77
	Holly Voorheis	LFR		4' 7"	85
	Samantha Waltz	TRM		4' 7"	06
	Jasmine Hearn	TTO		4' 7"	17

LONG JUMP

1	Andrea Finkbeiner	HCS		14' 5"	06
2	Emily Grulke	JFR		14' 4"	17
3	Nicole Bade	LFR		14' 2.5"	02
4	Ashley Ruhlig	TRM		14' 2.25"	18
5	Heather Hess	MRI		13' 11.5"	97
	Jasmine Hearn	TTO		13' 11.5"	17
7	Kaylin Butler	HCS		13' 11"	02
	Maiah Dunham	PAA		13' 11"	19
9	Holly Hay	CCH		13' 10.75"	86
	Emilee LeRoux	HCS		13' 10.75"	10
	Juliana Paoletti	HGM		13' 10.75"	13

SHOT PUT

1	Alexis Boyke	MRI		37' 5"	17
2	McKenzie Harper	TRM		34' 7.5"	05
3	Catarina Quinn	JAM		34' 1"	05
4	Abby Karst	MRI		32' 9"	17
5	Ashley Frahm	ISA		32' 7.5"	07
6	Sara Schunter	PFL		31' 9.5"	03
7	Alexis Boyke	MRI		31' 7.5"	16
8	Mary Raney	MRI		31' 6.75"	97
9	Erika Hocevar	PMC		31' 6.5"	06
10	Alexis Johnson	CRD		31' 5.5"	13

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten 7th–8th Grade Girls (1971–2021)

100 METER DASH

1	Zoe Eby	HGM	12.38	13
2	Alex Thomas	PLA	12.51	12
	Alex Thomas	PLA	12.53	13
4	Jessica Doherty	IMC	12.75	08
	Kate Osantowski	TRE	12.75	13
	Mariah Oberhaus	PNP (13.20)	12.80	16
7	Cindy Ponichtera	BSA	12.88	72
	Andrea DeBardelaben	HCS	12.89	87
	Kate Osantowski	TRE	12.89	14
	Gianna Bellisario	JRO (13.24)	12.90	17
	Grace Williamson	CKS (13.29)	12.90	17

1600 METER RUN

1	Laura Rolf	JRO	5:20.99	00
2	Ashlyn Nagel	FBC	5:29.56	15
3	Amanda Wood	TUT (5:32.42)	5:32.10	16
	Ashlyn Nagel	FBC (5:32.43)	5:32.10	16
5	Marina Aguilera	HGM	5:32.28	07
6	Claire Neumann	TRE (5:33.42)	5:33.10	19
7	Riley Day	MWE	5:33.50	14
8	Ashley McClelland	PMC (5:34.11)	5:33.80	16
9	Laura Rolf	SWF	5:34.61	01
10	KC Thornton	TRM	5:35.04	14

200 METER DASH

1	Angie Ritter	ISA	25.17	10
2	Zoe Eby	HGM	25.87	13
3	Alex Thomas	PLA	26.01	13
4	Alex Thomas	PLA	26.44	12
	Grace Williamson	CKS (26.90)	26.50	17
6	Angie Ritter	ISA	26.71	09
7	Kelsey Ritter	ISA	26.87	06
	Mariah Oberhaus	PNP (27.27)	26.90	16
9	Kendall Homan	PNP	26.97	06
10	Olivia Shelton	LFR	27.02	08
	Kierstyn Bully	LFR (27.43)	27.10	19

HIGH JUMP

1	Hannah Hall	PMI	5' 3"	13
2	Holly Voorheis	LFR	5' 2"	87
	Taylor Penzeien	PMC	5' 2"	08
4	Chaesa Howard	JMD	5' 1"	02
	Anastasia Donahee	TRJ	5' 1"	19
6	Danielle Reinbold	ISA	5' 0"	98
	Grace Baumgartner	PSG	5' 0"	05
	Morgan Auernhammer	PBC	5' 0"	06
	Karli Crocker	PMC	5' 0"	08
	Chelsea Merkiel	MRI	5' 0"	16

400 METER DASH

1	Myiah Welborn	TTO (1:00.39)	1:00.00	19
2	Simone Green	TTO	1:00.35	15
3	Angie Ritter	ISA	1:00.61	09
4	Emily Wee	LFR	1:01.33	08
5	Lauren Hamilton	OSL (1:01.88)	1:01.50	19
6	Amaya Leslie	TRM (1:01.95)	1:01.60	18
7	Kelsey Ritter	ISA	1:01.87	06
8	Diana Gildo	OSL (1:02.32)	1:02.00	16
9	Connie Mallinson	CCH	1:02.13	98
10	Victoria Pereyra	MWE (1:02.82)	1:02.50	17

LONG JUMP

1	Sarah Rievert	CKS	17' 0.75"	10
2	Simone Green	TTO	16' 5.5"	15
3	Jessica Scherting	PSG	16' 1.75"	04
	Kendall Homan	PNP	16' 1.75"	06
	Micahela Hill	CRD	16' 1.75"	18
6	Sarah Rievert	CKS	16' 0"	11
7	Nicole Huntley	TRM	15' 11"	02
8	Mika Gasco	PAA	15' 9.25"	11
9	Annie Diener	BSA	15' 9"	98
10	Amaya Leslie	TRM	15' 8.75"	18

800 METER RUN

1	Laura Rolf	SWF	2:27.33	01
2	Isabella Curry	PHE (2:28.08)	2:27.70	21
3	Laura Rolf	JRO	2:27.99	00
4	Katie Rolf	SWF	2:28.08	03
5	Michelle Rolf	JRO	2:28.22	98
6	KC Thornton	TRM	2:28.96	15
7	Amaya Leslie	TRM (2:29.57)	2:29.20	18
8	Winonah Krug	TRM	2:29.70	05
9	Tiffany Granzow	PMC	2:30.10	15
10	Winonah Krug	TRM	2:30.28	06

SHOT PUT

1	Ashley Frahm	ISA	42' 11.5"	09
2	Alexis Boyke	MRI	41' 10.75"	19
3	Ashley Frahm	ISA	40' 1"	08
4	Yvette Williams	HCD	39' 6.75"	77
5	Mary Raney	MRI	39' 3.75"	99
6	Kendra Stadler	TRM	39' 2.5"	03
7	Alexandria Elliott	HGM	38' 11"	14
8	Alexis Boyke	MRI	38' 3.25"	18
9	Kamryn Bice	HGM	37' 5.75"	18
10	Brooke Gamble	IMC	37' 5"	95

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten Relays Girls (1971–2021)

400 METER RELAY - 7-8th GIRLS

1	St. Lorenz, Frankenmuth	53.44	08
2	St. John, Detroit	54.39	79
3	Bethlehem, Saginaw	54.54	11
4	St. Lorenz, Frankenmuth	54.81	10
	St. John, Rochester (55.22)	54.90	17
6	Immanuel, Macomb (55.39)	55.00	18
7	St. Lorenz, Frankenmuth	55.10	77
8	St. Lorenz, Frankenmuth	55.21	13
	Bethlehem, Roseville	55.28	89
10	Detroit Urban, Detroit	55.48	09

400 METER RELAY - 4-6th GIRLS

1	Immanuel, Bay City	58.24	88
2	Peace, Detroit	58.74	88
3	Peace, Detroit	58.82	89
4	St. Lorenz, Frankenmuth	59.00	93
5	St. John, Midland	59.32	00
6	St. Lorenz, Frankenmuth	59.41	08
	St. Paul, Napoleon (59.84)	59.50	17
8	Immanuel, Macomb (60.00)	59.60	16
9	St. Lorenz, Frankenmuth	59.61	06
	Peace, Shelby Township (1:00.03)	59.70	18

800 METER RELAY - 7-8th GIRLS

1	St. Lorenz, Frankenmuth	1:52.33	07
2	St. Lorenz, Frankenmuth	1:52.58	10
3	Immanuel, Saginaw	1:54.54	10
4	St. Paul, Napoleon	1:55.30	76
5	St. John, Rochester (1:55.73)	1:55.40	19
	St. John, Rochester (1:55.77)	1:55.40	17
7	St. Lorenz, Frankenmuth	1:55.76	95
8	Trinity, Monroe (1:56.40)	1:56.00	18
9	Bethlehem, Saginaw	1:56.16	11
10	St. Lorenz, Frankenmuth	1:56.50	77
	St. Lorenz, Frankenmuth (1:56.82)	1:56.50	18
	St. Lorenz, Frankenmuth (1:56.88)	1:56.50	17

800 METER RELAY - 4-6th GIRLS

1	St. Lorenz, Frankenmuth	1:59.19	06
2	Immanuel, Saginaw	2:02.13	08
3	Trinity, Monroe (2:03.00)	2:02.60	16
4	Trinity, Monroe (2:03.34)	2:03.00	18
5	St. John, Detroit	2:03.12	90
6	St. Lorenz, Frankenmuth	2:03.39	08
7	St. Paul, Ann Arbor (2:04.68)	2:04.30	19
8	St. Lorenz, Frankenmuth	2:04.47	05
9	St. Lorenz, Frankenmuth	2:04.53	00
10	St. Lorenz, Frankenmuth	2:04.77	93

1600 METER RELAY - 7-8th GIRLS

1	St. John, Rochester (4:23.93)	4:23.60	19
2	St. Lorenz, Frankenmuth	4:28.92	08
3	Trinity, Toledo (4:30.32)	4:30.00	19
4	St. Lorenz, Frankenmuth	4:30.23	07
5	Trinity, Monroe	4:32.13	98
6	Christ the King, Sebawaing	4:34.15	10
7	St. Lorenz, Frankenmuth	4:34.34	95
8	Trinity, Monroe (4:35.23)	4:34.90	19
9	Christ the King, Sebawaing (4:35.36)	4:35.00	17
10	St. Lorenz, Frankenmuth (4:35.86)	4:35.50	17

1600 METER RELAY - 4-6th GIRLS

1	St. John, Rochester (4:46.56)	4:46.20	17
2	Christ the King, Sebawaing	4:51.53	15
3	St. John, Rochester (4:52.15)	4:51.80	18
4	Trinity, Monroe (4:53.43)	4:53.10	17
5	St. Lorenz, Frankenmuth	4:53.11	00
6	St. Lorenz, Frankenmuth	4:54.52	06
7	St. Peter, Macomb	4:55.27	05
8	St. Peter, Macomb	4:55.51	00
9	St. John, Rochester	4:56.37	94
10	St. John, Rochester	4:57.05	04

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Team Score Recognition

Michiana Timing has allowed us the opportunity to provide recognition for the team with the highest team score by gender (boys/girls) and class (A/B). The three regionals saw the following schools recognized for their team performance on May 21, 2022. We will also recognize four teams at today's state meet based on the same criteria!

The regional winners were:

Region I - Saginaw

A Girls - St. Lorenz, Frankenmuth

B Girls - Peace, Saginaw

A Boys - St. Lorenz, Frankenmuth

B Boys - St. Lorenz, Frankenmuth

Region II - Ann Arbor

A Girls – St. Paul, Napoleon

B Girls – Trinity, Monroe

A Boys – Our Savior, Hartland

B Boys – St. Paul, Ann Arbor

Region III - Macomb

A Girls - Immanuel, Macomb

B Girls - St. John, Rochester

A Boys - St. John, Fraser

B Boys - Immanuel, Macomb

Camp Concordia and Camp Lu Lay Lea are still looking for counselors to work with all of their fun campers this summer. Working at summer camp is a blessed experience! Check out their websites to learn more ...

www.campplulaylea.org/
www.campconcordia.org/



IN HIS PRESENCE

Throughout All Generations

Psalm 90:1

SPEAKERS

Rev. Matt Popovits

Dcs. Heidi Goehmann

MUSIC & ENTERTAINMENT

100 White Flags Band

Jan Struck

Michigan District, LCMS presents

Lutheran Adult Gathering

October 14–16, 2022 | Mackinac Island, Michigan

michigandistrict.org/lag22



Promo Code TRACKSTAR
for 10% off!



REVIVE

En Gedi Music Fest 2022

**Two CAN'T MISS nights for your family
to worship, play, and revive *together*!!**

Featuring

Jordan Feliz
Lydia Laird

Ryan Stevenson
Cochren & Co.

I Am They
Stephen Stanley

Fireworks
and More!!

www.EnGediMusicFest.com



A Reformation Bible Reading Plan

CRAFTED BY TRUTH

Michigan District, LCMS

**Join and share
the journey!**



Michigan District, LCMS
People of Hope

crafteddaily.com



Michigan District of The Lutheran Church—Missouri Synod | 3773 Geddes Road, Ann Arbor, Michigan 48105-3098

Phone: 734.665.3791 | Toll Free: 888.225.2111 | Fax: 734.665.0255 | michigandistrict.org | facebook.com/milcms | twitter.com/milcms

People of Hope...Vigorously Making Known the Love of Christ