

MICHIGAN LUTHERAN STATE TRACK MEET "TOP TEN"

7-8th Grade Boys

100 METER DASH

1	David Spezia	PST	11.53	82
	Levi Yeah	OSL (11.91)	11.60	23
	PJ Thiessen	JRO (11.93)	11.60	23
	Levi Yeah	OSL (11.95)	11.60	22
	Dominick Dolane	CSO (12.00)	11.60	16
6	Ben Wangelin	OSL (12.01)	11.70	22
	Deven Jewell	MRI (12.09)	11.70	16
8	Blake McRae	PMC	11.77	15
	Logan Manning	MWL	11.79	12
	Ross Niekamp	PNP (12.14)	11.80	22

1600 METER RUN

1	Andy Brittain	TRM	4:44.14	91
2	Hayden Ewald	CKS	4:44.40	10
3	Mike Janssen	LFR	4:48.20	85
4	Brett Magnus	LFR (4:48.73)	4:48.40	22
5	Tim Pitcher	TRM	4:49.90	85
6	Evan Krzyske	TRM	4:51.54	06
7	Tim Irwin	JRO	4:52.23	14
8	Ethan Rice	PEP (4:53.17)	4:52.80	16
9	Brad Redford	LFR	4:54.73	04
10	Nole Lorenzen	GUD (4:56.00)	4:55.60	24

200 METER DASH

1	Levi Yeah	OSL (24.12)	23.80	23
2	Ben Wangelin	OSL (24.25)	23.90	22
	PJ Thiessen	JRO (24.30)	23.90	23
4	Michael Golden	LFR	23.96	02
	Dominick Dolane	CSO (24.37)	24.00	16
6	David Spezia	PST	24.02	82
	Irvin Wyche	TCT	24.06	08
	Levi Yeah	OSL (24.44)	24.10	22
9	Brad Fiebig	ISE	24.16	88
	Deven Jewell	MRI (24.52)	24.20	16
	Jacob Puma	CSO (24.54)	24.20	17
	Vance Crawford	TRM (24.57)	24.20	18

HIGH JUMP

1	Nick Peake	BSA	6' 1"	06
2	Myke Thom	TRM	5' 11"	92
	Chuck Arnold	PUN	5' 11"	95
4	Chris Sweets	JRO	5' 10"	83
	Aaron Darley	PAA	5' 10"	90
	Jared Waltz	TRM	5' 10"	10
7	Darryl Webb	JFR	5' 9"	88
	Seth Luplow	PSG	5' 9"	06
	Jackson Maxwell	PFL	5' 9"	10
10	T. Jones	GPD	5' 8"	79
	Darrel Malloch	TRJ	5' 8"	95
	Ryan Musch	PAA	5' 8"	96
	Nick Miscovich	OSB	5' 8"	05
	Stephen Miscovich	OSB	5' 8"	06
	Andrew Pfundt	TBC	5' 8"	10
	Hayden Stout	PSA	5' 8"	23

400 METER DASH

1	Nick Veitengruber	LFR	53.65	08
2	Cullen Greene	JFR (54.18)	53.80	22
3	Jason Huntley	TRM	54.39	00
4	Robby Samborn	TBC (54.93)	54.60	23
	Rudy Hauss	PEP (54.94)	54.60	23
6	Kaden Canupp	TRM (55.05)	54.70	24
	Landon Sherry	PHE (55.06)	54.70	24
8	Nathan Holland	PEP	54.85	11
9	William Zeiler	HCD	54.99	82
10	D. Tyson	HCD	55.23	79

LONG JUMP

1	Jack Lindsay	TTO	19' 5.25"	24
2	Legend Kenny	PMC	18' 11.5"	13
	Brandon Snyder	PAA	18' 11.5"	18
4	Terance Green	PFL	18' 10.25"	10
5	PJ Thiessen	JRO	18' 9.25"	23
6	Ben Moldenhauer	MWL	18' 8.5"	00
7	Hayden Stout	PSA	18' 8.25"	23
8	Russell Maillette	ZBC	18' 7"	24
9	Brock Hall	PFL	18' 6.5"	99
10	Rudy Hauss	PEP	18' 5.75"	23

800 METER RUN

1	Andy Brittain	TRM	2:07.52	91
	Tim Pitcher	TRM	2:07.59	85
3	Travis Borchard	PSA	2:08.47	05
4	Tim Irwin	JRO	2:10.31	14
5	Paul Nestor	PLA	2:11.01	09
6	Hayden Ewald	CKS	2:11.24	10
7	Evan Krzyske	TRM	2:11.83	06
8	Luke Butler	TRM (2:12.71)	2:12.40	19
9	Brett Magnus	LFR (2:13.42)	2:13.10	22
10	Matthew Rolf	JRO	2:13.20	05

SHOT PUT

1	Scott Barton	PEP	52' 6.5"	81
2	Brayden Lata	TTO	50' 7"	19
3	Eric LaHaine	OSL	49' 10"	79
4	Marcus Reese	LSD	48' 4.5"	87
5	Jason Brown	PNP	48' 0.75"	05
6	Erik Hecht	MRI	47' 2.25"	98
7	Caleb Erkkinen	TCT	47' 0.5"	23
8	Gary Paulette	JAD	46' 9.75"	96
9	David Drwencke	PMC	46' 4.75"	99
	Aaron Meckes	FBC	46' 4.75"	05

MICHIGAN LUTHERAN STATE TRACK MEET "TOP TEN"

4-6th Grade Girls

100 METER DASH

1	Hannah Livingston	PSA	(13.47)	13.10	17
2	Kate Osantowski	TRE		13.30	12
3	Lacey Juengel	PMC		13.36	12
	Kayla Finkbeiner	HCS		13.40	04
5	Hannah Livingston	PSA	(13.89)	13.50	16
6	Hailee Clack	PFL		13.53	15
	Alexis Johnson	CRD		13.53	13
	Olivia Wyche	TCT		13.55	08
	Brooke Swan	CSO		13.55	14
	Hailee Clack	PFL		13.56	14
	Andrea DeBardelaben	HCS		13.57	85
	Amaya Leslie	TRM	(13.95)	13.60	16
	Lauren Sheldon	JRO	(14.00)	13.60	22

200 METER DASH

1	Bettina Winkler	JRO		26.20	12
2	Angie Ritter	ISA		26.26	08
3	Kenzie Reuber	PMC		27.36	12
4	Olivia Wyche	TCT		27.72	08
5	Lauren Sheldon	JRO	(28.56)	28.20	22
6	Rachel Marter	TTO		28.38	08
	Ashley Ruhlig	TRM	(28.80)	28.40	18
8	Alex Thomas	PLA		28.47	11
	Blake Ruffin	PFL	(28.84)	28.50	23
10	Kayla Finkbeiner	HCS		28.61	04
	Hailey Ekong	TRJ	(29.06)	28.70	16

400 METER DASH

1	Blake Ruffin	PFL	(1:01.90)	1:01.50	23
2	Winonah Krug	TRM		1:04.42	04
3	Victoria Pereyra	MWE		1:05.16	15
4	Kaitlyn Gilchrist	IMC		1:05.27	08
5	Laura Rolf	JRO		1:05.38	99
6	Diana Gildo	OSL		1:05.49	14
7	Emily Wee	LFR		1:05.65	06
8	Bethany Cmeyla	PSA	(1:06.14)	1:05.80	22
9	Courtney Zorn	LFR		1:05.98	94
10	Grace Williamson	CKS		1:06.24	15

800 METER RUN

1	Laura Rolf	JRO		2:24.99	99
2	Winonah Krug	TRM		2:33.89	04
	Ella Foley	HWE	(2:34.24)	2:33.90	24
4	Gwenyth Huddle	PNP	(2:35.47)	2:35.10	22
5	Evelyn Short	TRM	(2:35.53)	2:35.20	17
6	Lauren Conant	TRM	(2:35.67)	2:35.30	17
7	Kayla Pfund	JRO		2:35.46	04
8	Becky Chase	LFR		2:35.62	85
9	Thea Schley	MWA	(2:36.45)	2:36.10	16
10	Lindsey Cmeyla	PSA	(2:36.87)	2:36.50	22

1600 METER RUN

1	Kayla Pfund	JRO		5:29.61	04
2	Laura Rolf	JRO		5:29.85	99
3	KC Thornton	TRM		5:41.40	13
4	Gwenyth Huddle	PNP	(5:42.33)	5:42.00	22
5	Laura Rolf	JRO		5:42.03	98
6	Ashlyn Nagel	FBC		5:42.70	14
7	Lucy Conzelmann	LFR	(5:44.99)	5:44.60	21
8	Anne Keinath	PAA		5:48.24	96
9	Gina Patterson	TUT		5:50.00	09
10	Alexandra Szajna	TUT		5:50.19	06

HIGH JUMP

1	Grace DePalma	TRM		5' 0"	24
2	Lauren Sheldon	JRO		4' 11"	22
	Charity Frank-DeRoch	TRM		4' 11"	23
4	Heather Wuobio	JAM		4' 10"	99
	Amber Siegle	PMC		4' 10"	02
6	Madison Kieft	PAA		4' 9"	16
7	Kristen Miller	PFL		4' 8"	88
	Tanisha Warren	PCD		4' 8"	88
	Ariel Roberts	GUD		4' 8"	03
10	Charlene Parrish	TTO		4' 7"	77
	Holly Voorheis	LFR		4' 7"	85
	Samantha Waltz	TRM		4' 7"	06
	Jasmine Hearn	TTO		4' 7"	17
	Charity Frank-DeRoch	TRM		4' 7"	22

LONG JUMP

1	Blake Ruffin	PFL		14' 11.75"	23
2	Andrea Finkbeiner	HCS		14' 5"	06
3	Emily Grulke	JFR		14' 4"	17
4	Nicole Bade	LFR		14' 2.5"	02
5	Ashley Ruhlig	TRM		14' 2.25"	18
6	Heather Hess	MRI		13' 11.5"	97
	Jasmine Hearn	TTO		13' 11.5"	17
8	Kaylin Butler	HCS		13' 11"	02
	Maiyah Dunham	PAA		13' 11"	19
10	Holly Hay	CCH		13' 10.75"	86
	Emilee LeRoux	HCS		13' 10.75"	10
	Juliana Paoletti	HGM		13' 10.75"	13

SHOT PUT

1	Alexis Boyke	MRI		37' 5"	17
2	McKenzie Harper	TRM		34' 7.5"	05
3	Catarina Quinn	JAM		34' 1"	05
4	Kemyora Morris	MWE		33' 6"	24
5	Abby Karst	MRI		32' 9"	17
6	Ashley Frahm	ISA		32' 7.5"	07
7	Sara Schunter	PFL		31' 9.5"	03
8	Alexis Boyke	MRI		31' 7.5"	16
9	Mary Raney	MRI		31' 6.75"	97
10	Erika Hocevar	PMC		31' 6.5"	06

MICHIGAN LUTHERAN STATE TRACK MEET "TOP TEN"

Boys' Relays

400 METER RELAY - 7-8th BOYS

1	St. John, Fraser	(49.58)	49.20	22
2	St. Lorenz, Frankenmuth		49.34	09
3	St. Matthew, Walled Lake	(50.02)	49.70	23
4	Holy Ghost, Monroe		49.96	94
5	Our Shepherd, Birmingham		50.09	09
6	St. Paul, Napoleon		50.16	10
	St. Lorenz, Frankenmuth		50.16	10
	Immanuel, Macomb	(50.51)	50.20	23
	St. John, Fraser	(50.54)	50.20	24
10	St. John, Rochester		50.23	81

400 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth		55.26	00
2	St. Paul, Ann Arbor	(56.30)	55.90	16
3	St. Lorenz, Frankenmuth		56.19	90
	Holy Cross, Detroit		56.20	87
5	St. Paul, Ann Arbor		56.31	88
6	Bethlehem, Saginaw		56.69	90
7	Immanuel, Macomb	(57.46)	57.10	22
8	Christ the King, Sebewaing		57.14	13
9	Immanuel, Bay City		57.24	88
10	St. Lorenz, Frankenmuth		57.34	96
	St. Lorenz, Frankenmuth		57.36	08
	Our Savior, Lansing		57.39	90
	St. Michael, Wayne	(57.73)	57.40	24
	Immanuel, Macomb	(57.79)	57.40	21

800 METER RELAY - 7-8th BOYS

1	Our Savior, Lansing	(1:43.29)	1:42.90	22
2	St. Lorenz, Frankenmuth		1:43.20	08
3	St. Lorenz, Frankenmuth		1:43.31	07
4	St. Lorenz, Frankenmuth		1:43.60	02
	St. Lorenz, Frankenmuth		1:43.60	09
6	St. Lorenz, Frankenmuth		1:43.72	12
	Immanuel, Macomb	(1:44.19)	1:43.80	23
8	St. Lorenz, Frankenmuth		1:44.10	04
9	Holy Ghost, Monroe		1:44.19	94
10	St. Paul, Napoleon		1:44.56	97

800 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth		1:56.45	96
2	St. Lorenz, Frankenmuth	(1:57.21)	1:56.90	18
3	St. Lorenz, Frankenmuth		1:57.07	05
4	St. Paul, Napoleon		1:57.85	08
5	St. Lorenz, Frankenmuth		1:57.98	06
6	St. Lorenz, Frankenmuth		1:58.65	08
	Immanuel, Macomb	(1:59.08)	1:58.70	23
8	Immanuel, Macomb	(1:59.40)	1:59.00	21
9	Trinity, Monroe		1:59.24	05
	Zion, Bay City		1:59.25	06

1600 METER RELAY - 7-8th BOYS

1	St. Lorenz, Frankenmuth		3:55.35	12
2	Trinity, Monroe		3:57.84	00
3	St. Lorenz, Frankenmuth		3:58.86	08
4	Trinity, Clinton Township	(3:59.93)	3:59.60	23
5	St. Lorenz, Frankenmuth	(4:00.46)	4:00.10	22
6	Trinity, Utica		4:00.50	12
7	Trinity, Clinton Township	(4:01.14)	4:00.80	24
8	St. Lorenz, Frankenmuth	(4:01.39)	4:01.00	22
9	Trinity, Bay City	(4:01.64)	4:01.30	22
10	St. Lorenz, Frankenmuth		4:02.08	13

1600 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth	(4:28.14)	4:27.80	18
2	St. Peter, Eastpointe		4:30.16	09
3	St. Paul, Lapeer		4:34.38	08
4	Trinity, Monroe	(4:34.92)	4:34.60	24
5	St. Lorenz, Frankenmuth		4:37.00	05
6	St. Peter, Eastpointe		4:38.01	94
7	Trinity, Utica		4:39.73	10
8	St. Lorenz, Frankenmuth		4:40.40	06
9	St. Lorenz, Frankenmuth		4:41.55	15
10	St. Lorenz, Frankenmuth	(4:42.11)	4:41.80	16

MICHIGAN LUTHERAN STATE TRACK MEET "TOP TEN"

Girls' Relays

400 METER RELAY - 7-8th GIRLS

1	St. Lorenz, Frankenmuth	53.44	08
2	St. John, Detroit	54.39	79
3	Bethlehem, Saginaw	54.54	11
4	St. Lorenz, Frankenmuth	54.81	10
	St. John, Rochester	(55.22) 54.90	17
6	Immanuel, Macomb	(55.39) 55.00	18
7	St. Lorenz, Frankenmuth	55.10	77
8	St. Lorenz, Frankenmuth	55.21	13
	Bethlehem, Roseville	55.28	89
10	Detroit Urban, Detroit	55.48	09

400 METER RELAY - 4-6th GIRLS

1	Immanuel, Bay City	58.24	88
2	St. John, Rochester	(59.07) 58.70	22
3	Peace, Detroit	58.74	88
4	Peace, Detroit	58.82	89
5	St. Lorenz, Frankenmuth	59.00	93
6	Our Savior, Hartland	(59.52) 59.20	24
7	St. John, Midland	59.32	00
	Immanuel, Macomb	(59.75) 59.40	23
9	St. Lorenz, Frankenmuth	59.41	08
	St. Paul, Napoleon	(59.84) 59.50	17

800 METER RELAY - 7-8th GIRLS

1	St. Lorenz, Frankenmuth	1:52.33	07
2	St. Lorenz, Frankenmuth	1:52.58	10
3	Immanuel, Saginaw	1:54.54	10
4	St. Paul, Napoleon	1:55.30	76
5	St. John, Rochester	(1:55.73) 1:55.40	19
	St. John, Rochester	(1:55.77) 1:55.40	17
7	St. Lorenz, Frankenmuth	1:55.76	95
8	Trinity, Monroe	(1:56.40) 1:56.00	18
9	Bethlehem, Saginaw	1:56.16	11
10	St. Lorenz, Frankenmuth	1:56.50	77
	St. Lorenz, Frankenmuth	(1:56.82) 1:56.50	18
	St. Lorenz, Frankenmuth	(1:56.88) 1:56.50	17

800 METER RELAY - 4-6th GIRLS

1	St. Lorenz, Frankenmuth	1:59.19	06
2	Immanuel, Saginaw	2:02.13	08
3	Trinity, Monroe	(2:03.00) 2:02.60	16
4	Trinity, Monroe	(2:03.34) 2:03.00	18
5	St. John, Detroit	2:03.12	90
6	St. Lorenz, Frankenmuth	2:03.39	08
7	St. Paul, Ann Arbor	(2:04.68) 2:04.30	19
8	St. Lorenz, Frankenmuth	2:04.47	05
9	St. Lorenz, Frankenmuth	2:04.53	00
10	St. Lorenz, Frankenmuth	2:04.77	93

1600 METER RELAY - 7-8th GIRLS

1	St. John, Rochester	(4:23.93) 4:23.60	19
2	St. Lorenz, Frankenmuth	4:28.92	08
3	Trinity, Toledo	(4:30.32) 4:30.00	19
4	St. Lorenz, Frankenmuth	4:30.23	07
5	Trinity, Monroe	4:32.13	98
6	Christ the King, Sebewaing	4:34.15	10
7	St. Lorenz, Frankenmuth	4:34.34	95
8	Trinity, Monroe	(4:35.23) 4:34.90	19
9	Christ the King, Sebewaing	(4:35.36) 4:35.00	17
10	St. Lorenz, Frankenmuth	(4:35.86) 4:35.50	17

1600 METER RELAY - 4-6th GIRLS

1	St. John, Rochester	(4:46.56) 4:46.20	17
2	Christ the King, Sebewaing	4:51.53	15
3	St. John, Rochester	(4:52.15) 4:51.80	18
4	St. Lorenz, Frankenmuth	(4:52.80) 4:52.40	24
5	Trinity, Monroe	(4:53.43) 4:53.10	17
6	St. Lorenz, Frankenmuth	4:53.11	00
7	St. Lorenz, Frankenmuth	4:54.52	06
8	St. Peter, Macomb	4:55.27	05
9	St. Peter, Macomb	4:55.51	00
10	St. John, Rochester	4:56.37	94

MICHIGAN LUTHERAN STATE TRACK MEET "TOP TEN"

4-6th Grade Boys

100 METER DASH

1	Joshua Tipton	PAA	(12.84)	12.50	17
	Vance Crawford	TRM	(12.87)	12.50	17
3	Aubrey Moore	ZBC		12.68	06
	Gabriel Kourieh	PMC	(13.03)	12.70	24
5	Jason Melton	PAA		12.78	83
	Tyler Miles	TSJ		12.79	15
	Levi Yeah	OSL	(13.11)	12.80	21
8	Paul Gay	LFR		12.88	08
9	Nicholas Preville	JFR	(13.28)	12.90	22
10	Tyler Mallik	PNP		12.94	08
	Troy Hecht	MRI		12.98	04
	Luke Cunningham	ZBC	(13.32)	13.00	24
	Jacob Puma	CSO	(13.38)	13.00	16
	PJ Thiessen	JRO	(13.38)	13.00	21

200 METER DASH

1	Aubrey Moore	ZBC		26.15	06
2	Jacob Puma	CSO	(26.64)	26.30	16
3	Levi Yeah	OSL	(27.16)	26.80	21
4	Joshua Tipton	PAA	(27.27)	26.90	17
5	Gabriel Kourieh	PMC	(27.32)	27.00	24
6	Dylan Jablonski	JMD		27.02	08
	Ben VanSumeren	ZBC		27.03	12
	Che Arocha	ZBC	(27.45)	27.10	19
9	Brandon Snyder	PAA	(27.59)	27.20	16
10	DeAndre Ballard	PEP		27.23	94
	Scott Rauschenberger	GAU		27.24	00
	Terance Green	PFL		27.28	08

400 METER DASH

1	Nick Veitengruber	LFR		59.52	06
	Logan Marcicki	PLA		59.53	08
3	Tim Pitcher	TRM		1:00.29	83
4	Logan Marcicki	PLA		1:00.79	07
	Robby Samborn	TBC	(1:01.20)	1:00.80	21
6	Rudy Hauss	PEP	(1:01.49)	1:01.10	21
7	Emmett Richardson	HCS	(1:01.65)	1:01.30	23
8	Elijah Shinn	PAA	(1:02.00)	1:01.60	23
9	Nathan Holland	PEP		1:01.92	09
	Richie Beebe	PST		1:01.95	01

800 METER RUN

1	Paul Nestor	PLA		2:19.40	08
2	Michael Martinka	LFR		2:20.39	96
3	Tim Irwin	JRO		2:20.61	12
4	Tim Pitcher	TRM		2:23.17	83
5	Matthew Holden	PSA		2:23.90	01
	Brady Cunningham	PAA	(2:24.29)	2:23.90	16
7	Andrew Voelkner	OSL		2:24.03	83
8	Richie Beebe	PST		2:24.25	01
9	Cameron Santangelo	PEP		2:25.82	08
10	Zachery Stadnika	TUT		2:26.15	10

1600 METER RUN

1	Tim Irwin	JRO		5:05.08	12
2	Matthew Rolf	SWF		5:08.29	03
3	Paul Nestor	PLA		5:12.09	08
4	Michael Martinka	LFR		5:13.28	96
5	Jacob Ehrman	PAA		5:18.78	10
6	Hayden Ewald	CKS		5:20.14	08
	Tim Irwin	JRO		5:20.15	11
8	Andy Brittain	TRM		5:20.87	89
9	Matthew Rolf	SWF		5:20.94	02
10	Coen Lorenzen	GUD	(5:21.39)	5:21.00	24

HIGH JUMP

1	Darryl Webb	JFR		5' 3"	87
2	Ryan Musch	PAA		5' 2"	94
	Andrew Pfundt	TBC		5' 2"	08
	Jared Waltz	TRM		5' 2"	08
5	Philip Schlicker	GUD		5' 1"	93
6	Scott Knabusch	TRM		5' 0"	85
	Ron Schwarz	PFL		5' 0"	91
	Sherrod Williams	PEP		5' 0"	96
	Mitch Latray	TRM		5' 0"	06
	Gabe Martin	JMD		5' 0"	23

LONG JUMP

1	Joshua Tipton	PAA		16' 0"	17
2	Ben Moldenhauer	MWL		15' 6.75"	98
3	Bobby Lanham	TRJ		15' 6.5"	18
4	Nathaniel Wenzell	PSG		15' 5"	21
5	AJ Dirr	PNP		15' 4.75"	19
6	Terance Green	PFL		15' 3.75"	08
7	Brad Fiebig	ISE		15' 3.25"	86
	Matt Nichols	PST		15' 3.25"	00
9	Jaxen Wourman	PAA		15' 3"	19
10	Max Wood	ZBC		15' 2.25"	11

SHOT PUT

1	Kurtis Poore	TRM		38' 1"	05
2	Justin Donaghy	PSG		37' 8.5"	02
3	Brayden Lata	TTO		35' 11.5"	17
4	Matt Berkobian	BSA		35' 9.5"	94
5	Ken Finley	MLG		35' 0"	87
6	Camden Simmons	LFR		34' 4.25"	22
7	Kurt Greenleaf	GAU		34' 4"	96
8	Jacob Bias	CSO		34' 1.5"	17
9	Eddie Moldenhauer	TUT		33' 11.5"	95
10	Craig Otter	JNB		33' 9.75"	97

MICHIGAN LUTHERAN STATE TRACK MEET "TOP TEN"

7-8th Grade Girls

100 METER DASH

1	Zoe Eby	HGM	12.38	13
2	Alex Thomas	PLA	12.51	12
	Alex Thomas	PLA	12.53	13
4	Jessica Doherty	IMC	12.75	08
	Kate Osantowski	TRE	12.75	13
	Mariah Oberhaus	PNP (13.20)	12.80	16
7	Cindy Ponichtera	BSA	12.88	72
	Andrea DeBardelaben	HCS	12.89	87
	Kate Osantowski	TRE	12.89	14
	Gianna Bellisario	JRO (13.24)	12.90	17
	Grace Williamson	CKS (13.29)	12.90	17

1600 METER RUN

1	Laura Rolf	JRO	5:20.99	00
2	Gwenyth Huddle	PNP (5:22.30)	5:21.90	23
3	Ashlyn Nagel	FBC	5:29.56	15
4	Amanda Wood	TUT (5:32.42)	5:32.10	16
	Ashlyn Nagel	FBC (5:32.43)	5:32.10	16
6	Gwenyth Huddle	PNP (5:32.60)	5:32.20	24
7	Marina Aguilera	HGM	5:32.28	07
8	Lucy Conzelmann	LFR (5:33.19)	5:32.80	23
9	Claire Neumann	TRE (5:33.42)	5:33.10	19
10	Riley Day	MWE	5:33.50	14

200 METER DASH

1	Angie Ritter	ISA	25.17	10
2	Zoe Eby	HGM	25.87	13
3	Alex Thomas	PLA	26.01	13
4	Alex Thomas	PLA	26.44	12
	Grace Williamson	CKS (26.90)	26.50	17
6	Angie Ritter	ISA	26.71	09
7	Kelsey Ritter	ISA	26.87	06
	Mariah Oberhaus	PNP (27.27)	26.90	16
9	Kendall Homan	PNP	26.97	06
10	Olivia Shelton	LFR	27.02	08
	Kierstyn Bully	LFR (27.43)	27.10	19

HIGH JUMP

1	Hannah Hall	PMI	5' 3"	13
2	Holly Voorheis	LFR	5' 2"	87
	Taylor Penzeien	PMC	5' 2"	08
	Lauren Sheldon	JRO	5' 2"	23
5	Chaesa Howard	JMD	5' 1"	02
	Anastasia Donahee	TRJ	5' 1"	19
	Lauren Sheldon	JRO	5' 1"	24
8	Danielle Reinbold	ISA	5' 0"	98
	Grace Baumgartner	PSG	5' 0"	05
	Morgan Auernhammer	PBC	5' 0"	06
	Karli Crocker	PMC	5' 0"	08
	Chelsea Merkiel	MRI	5' 0"	16
	Hannah Burhop	TRE	5' 0"	23

400 METER DASH

1	Myiah Welborn	TTO (1:00.39)	1:00.00	19
2	Simone Green	TTO	1:00.35	15
3	Angie Ritter	ISA	1:00.61	09
4	Sophia Hess	PEP (1:01.50)	1:01.10	23
5	Emily Wee	LFR	1:01.33	08
6	Lauren Hamilton	OSL (1:01.88)	1:01.50	19
7	Amaya Leslie	TRM (1:01.95)	1:01.60	18
8	Kelsey Ritter	ISA	1:01.87	06
9	Diana Gildo	OSL (1:02.32)	1:02.00	16
10	Connie Mallinson	CCH	1:02.13	98

LONG JUMP

1	Sarah Rievert	CKS	17' 0.75"	10
2	Sophia Hess	PEP	16' 7"	23
3	Simone Green	TTO	16' 5.5"	15
4	Jessica Scherting	PSG	16' 1.75"	04
	Kendall Homan	PNP	16' 1.75"	06
	Micahela Hill	CRD	16' 1.75"	18
7	Sarah Rievert	CKS	16' 0"	11
8	Nicole Huntley	TRM	15' 11"	02
9	Mika Gasco	PAA	15' 9.25"	11
	Amelia Lorch	PAA	15' 9.25"	23

800 METER RUN

1	Gwenyth Huddle	PNP (2:24.58)	2:24.20	23
2	Laura Rolf	SWF	2:27.33	01
3	Isabella Curry	PHE (2:28.08)	2:27.70	21
4	Lucy Conzelmann	LFR (2:28.19)	2:27.80	23
5	Laura Rolf	JRO	2:27.99	00
	Ava Thomas	JRO (2:28.34)	2:28.00	24
7	Katie Rolf	SWF	2:28.08	03
8	Ava Thomas	JRO (2:28.57)	2:28.20	23
9	Michelle Rolf	JRO	2:28.22	98
10	KC Thornton	TRM	2:28.96	15

SHOT PUT

1	Ashley Frahm	ISA	42' 11.5"	09
2	Alexis Boyke	MRI	41' 10.75"	19
3	Ashley Frahm	ISA	40' 1"	08
4	Yvette Williams	HCD	39' 6.75"	77
5	Keaira Spiels	TUT	39' 4"	23
6	Mary Raney	MRI	39' 3.75"	99
7	Kendra Stadler	TRM	39' 2.5"	03
8	Alexandria Elliott	HGM	38' 11"	14
9	Alexis Boyke	MRI	38' 3.25"	18
10	Kamryn Bice	HGM	37' 5.75"	18