

2025 Michigan Lutheran Schools
Cross Country State Championships



Date: Sunday, October 12th

Host: Michigan District, LCMS

Site: Willow MetroPark – Chestnut Grove Area
23200 S Huron Rd, New Boston, MI

Course: Races are 2 miles. Grass, some pavement crossings, one hill just before the 1 mile mark. (2 maps provided in packet)

Time: 2:30pm – Girls grade 4-8 3:15pm – Boys grade 4-8 4:00pm - Awards Following

Awards: “All State” Medals to top 8 in each division.
Boys 4th-6th grade
Boys 7th-8th grade
Girls 4th-6th grade
Girls 7th-8th grade
Trophies to Overall Team Champions for both Boys & Girls

Course Maps: There are two in this packet. It is also posted on michigandistrict.org, along with race day instructions.

Bib Numbers: There are designated bib numbers in this packet for each runner that need to be pinned to the front of their jersey. There are enough safety pins for 4 pins per bib number.

Colored “A” Tags: There are colored tags for each seventh and eighth-grade runner to wear on the back of their jersey. These are included in your packets along with pins. Wear them with the “A” showing.

Contacts: Travis Grulke - travis.grulke@michigandistrict.org – (330) 618-1220

Welcome to the 2025 State Cross Country Championships. We hope and pray that each of you has a wonderful experience running in this State Championship and National qualifying race! We are running all grades in one race per gender. Seventh and eighth-grade (“A”) athletes will wear a pinned-on colored tag on their backs to designate their age division and will compete separately for medals from the fourth through sixth graders. Although they will compete separately for medals, all runners will figure in the team scoring together. Our State Meet is a National qualifying meet. Teams and individuals from our state will qualify to compete in the Lutheran School National Meet hosted by Concordia Wisconsin in Mequon, on October 25th. <https://cuwfalcons.com/sports/2025/5/5/lutheran-national-championships.aspx>

God’s Blessings as your runners compete today!