

# Wholeness in Christ: A Journey through the Wholeness Wheel

*An eight-part LCMS Michigan District Devotional Series*

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## 1. Intellectual Well-Being: The Mind of Christ

**Scripture:** *“Take every thought captive to obey Christ” (2 Corinthians 10:5).*

### **Reflection:**

God calls us to love Him with all our minds, and loving God with our minds means growing in truth and discernment. Learning and curiosity are gifts from God. Whether studying Scripture, science, or art, all truth belongs to Him. A Christian mind seeks wisdom through humility, guided by the Word of Truth, not the wisdom of the world or our sinful self.

Luther valued education because it equips us to serve our neighbor and understand God’s world rightly. Intellectual well-being means thinking with humility, guided by the Word, and using our knowledge in love.

### **Ponder:**

- How do you nurture your mind in God’s truth?
- What sources and influences shape your thinking—Scripture or the world?
- How might you be learning to serve others in Christ’s name?

### **Prayer:**

Lord of wisdom, renew our minds in Your truth. Let all our learning lead us to deeper faith and faithful service. May Your truth guide our thoughts that they may glorify You. Amen.